



*"Today's Training.... Tomorrow's Solution"*



## **INTRODUCTION**

Compliance Solutions, founded in 1995, is a **small business** providing environmental health and safety training in a variety of formats including: online, scheduled classes, on-site, as well as providing a large assortment of safety videos and complete training kits for use in commerce and industry. We offer a complete line of classes to meet your OSHA, EPA and DOT training requirements. Our courses are designed to meet the needs of your location, time constraints, and budget.

It is our feeling that no other Health and Safety training company in the nation can serve your training needs better than Compliance Solutions. Our to provide consistent training throughout the entire U.S. as well world-wide via the Internet, our rapid response and ability to provide high quality, and cost-effective safety training make Compliance Solutions unparalleled in the industry.

Compliance Solutions, offers a comprehensive list of **WEB BASED** training courses on our web site at [www.csregs.com](http://www.csregs.com) Web based training can be taken anytime, anywhere as long as you have **INTERNET** access.

Our "**PUBLIC**" training classes offer open registration available to any company, individual, or government agency. Compliance Solutions offers courses every 4-8 weeks in 43 cities throughout the country.

For customers with groups of 5 or more students, we offer **ON-SITE TRAINING**. Our instructor will come to your location, giving you the added benefit of being able to address your specific needs and situations. In many cases onsite training will also save you money.

In order to assist companies with their monthly training needs, Compliance Solutions also offers a number of pre-packaged **SAFETY KITS**. These kits are designed to provide everything that is needed to conduct safety meetings including Video, 5 Posters, 30 Employee Booklets, Scheduling and Attendance Forms, Employee Quizzes, and an instructor outline. Safety Kits can be purchased individually (by topic) or by subscription. Our Safety Kits are described in detail in the following materials.

## **COMPLIANCE SOLUTIONS TRAINING PRODUCTS**

Compliance Solutions offers as an incentive, a volume purchase discount for customers with larger training needs. Your company has the opportunity to purchase any number of online courses identified below. You may order different courses, but they must be purchases together. The online courses purchased, (or licenses) will be active for 365 days following purchase, which means that you may purchase online courses for an entire year with substantial savings.

<b>INTERNET COURSE DISCOUNT SCHEDULE</b>	
<b>NUMBER OF REGISTRATIONS</b>	<b>DISCOUNT</b>
5-10 registrations	10 % off total
11-20 registrations	15 % off total
21-50 registrations	25 % off total
51+ registrations	45 % off total

The following is a list of available on-line courses and their associated pricing. Complete course descriptions are found later in this document.

### **INTERNET COURSES – (Web Based Training)**

<b>ONLINE COURSE TITLE</b>	<b>Pricing</b> (Individual Purchase)	
	<b>Credit Card Payment</b>	<b>Invoiced (Billed)</b>
<b>24-Hour (HAZWOPER) Hazardous Waste Operations and Emergency Response Training;</b> per 29 CFR 1910.120(e)	\$ 395.00	\$ 465.00
<b>40-Hour (HAZWOPER) Hazardous Waste Operations and Emergency Response Initial Training;</b> per 29 CFR 1910.120(e)	\$ 495.00	\$ 545.00
<b>8-Hour (HAZWOPER) Hazardous Waste Operations and Emergency Response Training Required Annual Refresher;</b> per 29 CFR 1910.120(e)	\$ 125.00	\$ 137.50
<b>Accident and Recordkeeping Guidelines;</b> per OSHA 300 and 301	\$ 49.95	\$ 59.95
<b>Accident Investigation</b>	\$ 49.95	\$ 59.95
<b>Bloodborne Pathogens for Healthcare Workers;</b> per 29 CFR 1910. 1030	\$ 49.95	\$ 59.95
<b>Bloodborne Pathogens Training;</b> per 29 CFR 1910. 1030(9)(2)(I)	\$ 65.00	\$ 75.00
<b>Chemical Safety-(AUDIO);</b> per 29 CFR 1910.1200 and 29 CFR 1910.1450(9)(2)(I)	\$ 49.95	\$ 59.95

<b>ONLINE COURSE TITLE</b>	<b>Pricing</b> (Individual Purchase)	
	<b>Credit Card Payment</b>	<b>Invoiced (Billed)</b>
<b>Chemical Safety-(SPANISH)- (Seguridad de sustancias químicas);</b> per 29 CFR 1910.1200 and 29 CFR 910.1450(f)	\$ 49.95	\$ 59.95
<b>Chemical Safety;</b> 29 CFR 1910.1200 and 1910.1450(f)	\$ 49.95	\$ 59.95
<b>Confined Space Entry Training;</b> per 29 CFR 1910.140(g)	\$ 195.00	\$ 215.00
<b>Design for Environment</b>	\$ 49.95	\$ 59.95
<b>DOT Drug and Alcohol Use and Testing;</b> per 49 CFR 172.704	\$ 65.00	\$ 75.00
<b>DOT Hazardous Materials Transportation Classification;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>DOT Hazardous Materials Transportation Labeling and Placarding;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>DOT Hazardous Materials Transportation: General Awareness;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>DOT Hazardous Materials Transportation: Loading and Unloading;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>DOT Hazardous Materials Transportation: Marking, Labeling, and Placarding;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>DOT Hazardous Materials Transportation: Packaging;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>DOT Hazardous Materials Transportation: Shipping Papers;</b> per 49 CFR 172.704	\$ 49.95	\$ 59.95
<b>Electrical Safety Awareness;</b> per 29 CFR 1910.331-335	\$ 49.95	\$ 59.95
<b>Electrical Safety for Emergency Responders;</b> per 29 CFR 1910.331-335	\$ 49.95	\$ 59.95
<b>Emergency Response for Terrorism: An Overview;</b> per 29 CFR 1910.38 App E	\$ 49.95	\$ 59.95
<b>Environmental Management Systems</b>	\$ 49.95	\$ 59.95
<b>Environmental, Safety, and Health at Work – Contractor Edition;</b> per 29 CFR 1910	\$ 49.95	\$ 59.95
<b>Environmental, Safety, and Health at Work – Manufacturing Edition;</b> per 29 CFR 1910	\$ 49.95	\$ 59.95
<b>Environmental, Safety, and Health at Work – Office Edition;</b> per 29 CFR 1910	\$ 49.95	\$ 59.95
<b>EPA Hazardous Waste Management;</b> per 40 CFR 262.34 and 265.16	\$ 565.00	\$ 565.00
<b>Ergo Tool, An Ergonomics Personal Assessment</b>	\$ 49.95	\$ 59.95
<b>Ergonomics for Manufacturing</b>	\$ 49.95	\$ 59.95
<b>Fall Protection;</b> per 29 CFR 1910.146	\$ 49.95	\$ 59.95
<b>Fire and Emergency Response Training: Wardens;</b> per 29 CFR 1910.38 AppE 2	\$ 49.95	\$ 59.95

ONLINE COURSE TITLE	Pricing (Individual Purchase)	
	Credit Card Payment	Invoiced (Billed)
<b>Fire Extinguisher Safety; per 29 CFR subpart L. and 1910.157</b>	\$ 49.95	\$ 59.95
<b>Hazardous Energy Control; per 29 CFR 1910.147c(7)(I)</b>	\$ 49.95	\$ 59.95
<b>Hearing Conservation: Protecting Yourself from Hearing Loss; 29 CFR 1910.95</b>	\$ 49.95	\$ 59.95
<b>Incident Commander; per 29 CFR 1910.120(a)</b>	\$ 49.95	\$ 59.95
<b>Introduction to Laser Safety; per 29 CFR 1926.54</b>	\$ 49.95	\$ 59.95
<b>Introduction to Machine Guarding for General Industry; per 29 CFR 1910.212-219,243</b>	\$ 49.95	\$ 59.95
<b>Introduction to OSHA-Online; per 29 CFR 1910.120</b>	\$ 49.95	\$ 59.95
<b>Laboratory Safety; per 29 CFR 1910.1450</b>	\$ 49.95	\$ 59.95
<b>Managing Workplace Safety and Health</b>	\$ 49.95	\$ 59.95
<b>Medical Emergency Response for the Workplace; 29 CFR 1926.50 (c)</b>	\$ 49.95	\$ 59.95
<b>Medical Emergency Response in Industrial Environments; per 29 CFR 1926.50(c)</b>	\$ 49.95	\$ 59.95
<b>Office Ergonomics: Making My Office Work for Me</b>	\$ 49.95	\$ 59.95
<b>OSHA Site Supervisor Training; per 29 CFR 1910.120(e)</b>	\$ 195.00	\$ 215.00
<b>Personal Protective Equipment; 29 CFR 1910.132-133,136-138</b>	\$ 49.95	\$ 59.95
<b>Powered Industrial Truck Safety; per 29 CFR 1910.178(l)</b>	\$ 49.95	\$ 59.95
<b>Preventing Workplace Violence</b>	\$ 49.95	\$ 59.95
<b>Radiation Safety: Ionizing and Non-Ionizing Radiation Producing Equipment; per 29 CFR 1926.53(b)</b>	\$ 49.95	\$ 59.95
<b>Radioisotope Safety for the Laboratory; per 29 CFR 1926.53(b)</b>	\$ 49.95	\$ 59.95
<b>Respiratory Protection; per 29 CFR 1910.134(c)(l)(vii)(viii)</b>	\$ 49.95	\$ 59.95
<b>Safe and Defensive Driving</b>	\$ 49.95	\$ 59.95

**Course descriptions are provided in Appendix B**

## Open Enrollment ("Public") Training Courses

Compliance Solutions schedules **1,140** individual open enrollment "Public" classes throughout the year (over 11 thousand training days) in 43 different cities throughout the U.S. Students can register online at [www.csregs.com](http://www.csregs.com), under "Seminars", or you can call **(1-800-711-2706)** and reserve a slot or request a schedule of any of our formally scheduled courses.

**Full course dates and locations can be found in APPENDIX A**

### Volume Discounts for Open Enrollment "Public" Scheduled Training Courses

As an additional incentive for our clients, we apply volume discounts, when you enroll three or more students in the same course, same date, and same location.

<b>Substantial savings when enrolling 3 or more students in the same course, date and location.</b>	
<b>Number Of Enrollees</b>	<b>Additional Volume Discount</b>
<b>3 or more</b>	<b>5 %</b>
<b>5 or more</b>	<b>10 %</b>
<b>10 or more</b>	<b>15 %</b>

## Courses Offered

<b>Nationwide Open Enrollment "Public" Courses</b>	<b>Price Invoiced (Billed)</b>	<b>Price Pre-Paid (Credit Card)</b>
<b>16 Hour Emergency Response Operations Level II;</b> per 29 CFR 1910.120(q)	\$345.00	\$295.00
<b>24 Hour Emergency Response Technician Level III;</b> per 29 CFR 1910.120(q)	\$ 595.00	\$ 565.00
<b>24 Hour HAZWOPER;</b> per 29 CFR 1910.120(e)	\$ 465.00	\$395.00
<b>40 Hour HAZWOPER;</b> per 29 CFR 1910.120(e)	\$ 545.00	\$ 495.00
<b>8 Hour Annual Emergency Response Refresher Levels I, II, and III;</b> per 29 CFR 1910.120(q)	\$ 215.00	\$ 195.00
<b>8 Hour Emergency Response Awareness Level I;</b> per 29 CFR 1910.120(q)	\$ 215.00	\$ 195.00
<b>8 Hour HAZWOPER Refresher;</b> per 29 CFR 1910.120(e)	\$ 125.00	\$ 115.00
<b>Confined Space Entry, OSHA;</b> per 29 CFR 1910.146	\$ 215.00	\$ 195.00
<b>DOT Hazardous Materials Transportation;</b> per DOT HM-181 & 126F, 215 A,B&C, also 49 CFR 172.704	\$ 215.00	\$ 195.00
<b>EPA Hazardous/Toxic Waste Management;</b> per 40 CFR 262.34 & 265.16 Two Days	\$ 595.00	\$ 565.00
<b>Site Supervisor, OSHA;</b> per 29 CFR 1910.120(e)	\$ 215.00	\$ 195.00

## Open Enrollment Course Descriptions:

### **DOT Hazardous Materials Transportation DOT HM-181 & 126F, 215 A,B&C as per 49 CFR 172.704**

This one day course covers the requirements of 49 CFR 172.704 which requires **any** person involved in offering a hazardous material for transportation to be properly trained. The course must be refreshed every 3 years or when regulations substantially change. Employees may not perform materials functions unsupervised until the training has been completed. **This course is intended for individuals who manage hazardous materials in their job. This includes employees who:**

- Prepare hazardous materials' shipping papers and/or manifests;
- Prepare hazardous materials for shipping
- Handle hazardous materials before, during, and after shipment
- Handle containers or packaging containing hazardous materials;
- Are responsible for the safety of hazardous materials; and
- Own or operate vehicles that transport hazardous materials.

Prerequisite: None

### **Confined Space Entry (29 CFR 1910.146)**

Designed in accordance with OSHA's confined space entry standard 29 CFR 1910.146, this course is required for **anyone who enters** a "Permit Required Confined Space". A Permit Required Space meets the definition of a confined space and has the potential to contain a hazardous atmosphere, engulfment danger, internal configuration dangers, or serious health and safety hazard. Course highlights: Lock Out/Tag Out, atmospheric hazards, test instruments, fire behavior risk assessment and much more.

Prerequisite: None

### **Site Supervisor, OSHA (29 CFR 1910.120)**

OSHA requires that each and every hazardous site have **at least** one person trained as a "Site Supervisor", on site at all times. This course meets the OSHA training requirements for supervisors and managers involved in the management and administration of waste site activities who are required to have an additional 8 hours of training beyond the initial 40 hour certification. This course emphasizes the importance, application and limitations of site safety planning. Attendees will be trained in the development and implementation of a site safety plan.

Prerequisite: 40 Hour Certification

### **EPA Hazardous/Toxic Waste Management (40 CFR 262.34 & 265.16) (2 Days)**

This intensive 2 day course is designed for individuals who have the responsibility of managing hazardous waste, its treatment, storage or disposal. The class gives a detailed explanation of all aspects of hazardous waste management requirements under 40 CFR 262.34 (generators) and 265.16 (TSDF employees). Management and supervisory personnel will have the opportunity to explore many topics in-depth, relating to management and maintenance of waste systems.

**Prerequisite: None**

**Emergency Responder Level I-Awareness-(4-6 Hours) per 29 CFR 1910.120(q)**

This course teaches detection and identification of hazardous materials and initiating an emergency response sequence to minimize the potential for injury to response personnel and the environment. This training is required of anyone who has the possibility of encountering a hazardous spill

**Emergency Responder Level II-Operations-(16 Hours Initial Training) per 29 CFR 1910.120(q)**

Topics covered include hazardous materials detection and identification, safe and defensive handling of minor incidents, personal protection and defensive techniques used in stabilization of a response situation.

**Emergency Responder Level III-Technician-(24 Hours Initial Training) per 29 CFR 1910.120(q)**

This course covers the topics in levels 1 and 2, but moreover emphasizes safe handling of incidents involving hazardous materials, evacuation plans, aggressive actions at the point of a release and mitigating emergency situations to insure personnel and environmental protection.

**8 Hour Required Annual Refresher**

**for Emergency Response Levels I, II and III, per 29 CFR 1910.120(q)**

This course is the annual refresher course for Emergency Responder Levels II and III. This course will provide a review of Emergency Response material and provides instruction concerning regulatory updates

Prerequisite: ER Level II or III

**40 Hour (HAZWOPER) Hazardous Waste Operators and Emergency Response, (Initial Training for site workers) per 29 CFR 1910.120(q)**

OSHA requires that any worker who comes in contact with or handles hazardous waste must be sufficiently trained to ensure their personal safety. The HAZWOPER provides 40 hours of safety training to meet the classroom requirements of OSHA 29 CFR 1910.120(e). Personnel attending this course will cover health and safety procedures and personal protection during work operations at hazardous materials sites. The HAZWOPER must be refresher every 12 months in order to maintain compliance and certification with OSHA.

**Prerequisite: None**

**24 Hour (HAZWOPER) Hazardous Waste Operations and Emergency Response, (Initial Training for occasional site workers) per 29 CFR 1910.120(q)**

Not all personnel require the 40-hour HAZWOPER training. For those individuals who's job functions require occasional or limited exposure to hazardous materials, the 24 hour HAZWOPER course will meet OSHA's requirements. Examples of personnel requiring this

type of training may include: sales and administrative professionals, drivers, office staff, plant and manufacturing personnel, sampling technicians or anyone who's job function may include the possibility of limited exposure to hazardous materials.

**Prerequisite: None**

### **8 Hour (HAZWOPER) Required Annual Refresher for Hazardous Waste Operations and Emergency Response, per 29 CFR 1910.120(e)**

This course refreshes the 40 and 24-hour HAZWOPER certifications. Personnel with **either** certification must complete this course within **365 days of their graduation date, annually.** This course reviews the required subject matter and updates any regulatory changes within the last year.

Prerequisite: 24 or 40 Hour Certification

**A Full Public Seminar Course Schedule, by Location can be found in APPENDIX - A.**



## Nationwide Locations For Public Seminars (open enrollment) 2003

<b>STATE</b>	<b>CITY LOCATION</b>
<b>Arizona</b>	Phoenix
<b>California</b>	San Diego, San Francisco (South), San Jose, Irvine, Long Beach, Oakland (Richmond), Pasadena, San Diego
<b>Colorado</b>	Denver (Corporate Headquarters)
<b>Connecticut</b>	Hartford
<b>Florida</b>	Tampa, Orlando, Miami
<b>Georgia</b>	Atlanta (Marietta), Atlanta (College Park)
<b>Illinois</b>	Chicago (Elk Grove Village)
<b>Indiana</b>	Indianapolis
<b>Louisiana</b>	New Orleans, Baton Rouge
<b>Maryland</b>	Baltimore
<b>Michigan</b>	Detroit (Livonia), Lansing
<b>Minnesota</b>	Minneapolis
<b>Nevada</b>	Las Vegas
<b>New Jersey</b>	Newark, NJ (Somerset)
<b>New York</b>	New York City (Nyack)
<b>North Carolina</b>	Raleigh, Charlotte, Columbia,
<b>Ohio</b>	Cleveland, Cincinnati
<b>Oregon</b>	Portland
<b>Pennsylvania</b>	Philadelphia
<b>South Carolina</b>	Columbia
<b>Texas</b>	Dallas, Houston, Ft Worth
<b>Wisconsin</b>	Madison, Milwaukee
<b>Washington</b>	Seattle

## **SAFETY KITS**

Tired of trying to figure out “what to train” every month?

In order to assist companies with their monthly training needs, Compliance Solutions offers a number of **SAFETY KITS**. These programs are designed to provide everything that is needed to have your health and safety personnel conduct safety meetings including Video, 5 Topic Specific Posters, 30 Employee Training Booklets, Scheduling and Attendance Forms, Employee Quizzes and an Instructor Outline. Simply pin up the posters, distribute the employee training booklets and play the course video. Following the video, we will make it easy to discuss topic areas related to company specific issues and hazards.

Kits can be purchased individually (by topic) or by subscription. **All Kits are available in English or Spanish. Safety Kits are priced at \$195.00 each, plus shipping.**

**SHIPPING CHARGES:** All orders are shipped upon receipt with a 3-5 day delivery. Overnight express is available for an additional fee. A 5% charge (minimum \$7.50) will be added to each order for shipping costs.

**RETURNS:** All returns will be charged a 25% restocking fee plus shipping. Returns must be received within 30 days or the full price will be charged.

### **Safety Kits are available in the following topics:**

Accident Investigation	Office Ergonomics	Heat Stress
The ANSI MSDS	Eye Safety	Safety Orientation
Ladder Safety	Safety Showers and Eye	Back Safety
Fall Protection	Machine Guard Safety	Washes
Compressed Gas Cylinders	Fire Prevention and Safety	Materials Handling
Slips, Trips and Falls	Computer Work Safety	First Aid
Office Safety	Welding Safety	Crane Safety
Hand / Power Tool Safety	Rigging Safety	Wellness & Fitness
Driving Safety	Hand , Wrist & Finger Safety	Safety Audits
Winter Safety	Electrical Safety	Workplace Stress
Industrial Ergonomics	Hazardous Spills	Workplace Violence Safety
Housekeeping and Accident Prevention	Hazardous Materials Labels	

## **SAFETY KITS- By Subscription**

For our clients who wish to subscribe to our safety kits service, we will automatically ship a new title (based on the track selected below) on the 3rd Friday of each month. **Clients who elect this option will receive a new title for 12 months, at the end of this time frame, they may select a 13th title FREE!**

**To get your subscription set up, contact us at 800-711-2706 !**

**Special Subscription Topics: ( Shipped automatically the 3<sup>rd</sup> week of the month.)**

### **Standard Track :**

Jan: Eye Protection	July: Safety Showers & Eye Washes
Feb: Back Safety	Aug: Hazardous Spills
Mar: Fall Protection	Sept: The ANSI, MSDS
April: Slips Trips and Falls	Oct: Heat Stress
May: Ladder Safety	Nov: Welding Safety
June: Hand/ Power Tool Safety	Dec: Electrical Safety

### **Supervisor Track:**

Jan: Safety Orientation	July: Hazardous materials labels
Feb: First Aid	Aug: Hazardous Spills
Mar: Workplace Violence	Sept: Safety and Housekeeping
April: Safety Audits	Oct: Winter Safety
May: Accident Investigation	Nov: Materials Handling
June: The ANSI, MSDS	Dec: Fire Prevention and Safety

### **Office Track:**

Jan: Office Safety	Sept: Workplace Violence
Mar: Fire Prevention	Nov: Back Safety
May: Office Ergonomics	Dec: Hand Wrist & Finger Safety
July: Workplace Stress	

## HAZWOPER Video Series

This Video Training Series provides employees with regulatory information, required in their training sessions. By combining various programs in the series, “Training Packages” can be configured to help meet all of the OSHA HAZWOPER training requirements.

<b>ANNUAL RETRAINING</b>	Package Price: \$ 695.00
The series of four “refresher” programs is designed to provide the core content for OSHA’s “annual retraining” requirement.	
<ul style="list-style-type: none"> <li>• Intorduction to HAZWOPER Retraining</li> <li>• Personal Protective Equipment &amp; Decontamination Procedures</li> </ul>	<ul style="list-style-type: none"> <li>• Understanding Chemical Hazards</li> <li>• Exposure Monitoring &amp; Medical Surveillance</li> </ul>
<b>EMERGENCY RESPONSE: “AWARENESS”</b>	Package Price: \$ 350.00
Information that every HAZMAT worker should know is thoroughly by the two program “Awareness” series.	
<ul style="list-style-type: none"> <li>• Understanding HAZWOPER</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency Response Plan</li> </ul>
<b>EMERGENCY RESPONSE: “OPERATIONS”</b>	Package Price: \$ 695.00
The four program “Operations package is aimed at workers who contain HAZMAT releases.	
<ul style="list-style-type: none"> <li>• Understanding HAZWOPER</li> <li>• Personal Protective Equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency Response Plan</li> <li>• Accidental Release Measures and Spill Cleanup Production</li> </ul>
<b>SUPPLEMENTAL TRAINING</b>	Package Price: \$ 1350.00
These eight programs provide the basics for the 16-hours of additional training needed by workers who must wear respirators in their jobs, or who have already had general 24-hour training and are moving to jobs required complete 40-hour training.	
<ul style="list-style-type: none"> <li>• Safety Orientation</li> <li>• ANSI MSDS</li> <li>• Heat Stress</li> <li>• Fire Prevention</li> <li>• The Emergency Response Plan</li> </ul>	<ul style="list-style-type: none"> <li>• The Site Safety &amp; Health</li> <li>• Dealing with the Media in Emergency Situations</li> <li>• Electric Safety in HAZMAT Environments</li> </ul>
<b>EMERGENCY RESPONSE: HAZMAT TECHNICIAN</b>	Package Price: \$1795.00
During any hazardous materials emergency, HAZMAT Technicians supply the information necessary to get the situation under control. This 11 program Series provides the basics for the special training their jobs require.	

<ul style="list-style-type: none"> <li>• Decontamination Procedures</li> <li>• Understanding Chemical Hazards</li> <li>• The Emergency Response Plan</li> <li>• Understanding HAZWOPER</li> <li>• HAZMAT Labeling</li> <li>• Personal Protection Equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Accidental Release Measures and Spill Cleanup Procedures</li> <li>• Medical Surveillance Programs</li> <li>• ANSI MSDS</li> <li>• Respiratory Protection</li> <li>• Monitoring Procedures and Equipment</li> </ul>
---	---

<b>GENERAL TRAINING</b>	Package Price: \$ 1995.00
<p>This 12 program series provides the basis for the 24-hour training required by OSHA for HAZMAT employees who are unlikely to be exposed to hazards in excess of permissible exposure limits.</p>	
<ul style="list-style-type: none"> <li>• Decontamination Procedures</li> <li>• Understanding Chemical Hazards</li> <li>• The Emergency Response Plan</li> <li>• Understanding HAZWOPER</li> <li>• HAZMAT Labeling</li> <li>• Personal Protection Equipment</li> <li>• Medical Surveillance Programs</li> </ul>	<ul style="list-style-type: none"> <li>• Confined Space Entry</li> <li>• Monitoring Procedures and Equipment</li> <li>• Accidental Release Measures and Spill Cleanup Procedures</li> <li>• Handling Hazardous Materials</li> <li>• Work Practices and Engineering Controls</li> </ul>

<b>COMPLETE 40-HOUR TRAINING</b>	Package Price: \$ 2995.00
<p>This 20 program series provides the comprehensive information needed by employees who are exposed to hazardous substances as a routine part of their jobs, the people who supervise and manage them, as well as HAZMAT “Incident Commanders”.</p>	
<ul style="list-style-type: none"> <li>• Understanding HAZWOPER</li> <li>• Understanding Chemical Hazards</li> <li>• The Emergency Response Plan</li> <li>• The Site Safety &amp; Health Plan</li> <li>• HAZMAT Labeling</li> <li>• Confined Space Entry</li> <li>• Personal Protection Equipment</li> <li>• Medical Surveillance Programs</li> <li>• Monitoring Procedures and Equipment</li> <li>• Accidental Release Measures and Spill Cleanup Procedures</li> </ul>	<ul style="list-style-type: none"> <li>• ANSI MSDS</li> <li>• Handling Hazardous Materials</li> <li>• Work Practices and Engineering Controls</li> <li>• Fire Prevention</li> <li>• Dealing with the Media in Emergency Situations</li> <li>• Safety Orientation</li> <li>• Electrical Safety in HAZMAT Environments</li> <li>• Heat Stress</li> <li>• Decontamination Procedures</li> </ul>

## **HAZWOPER VIDEO TAPES**

The following Videotape programs have been designed to meet the employee training requirements of OSHA's Hazardous Waste Operations and Emergency Response (HAZWOPER) Regulations.

Entire Package (20 videotapes):      Package Price: \$ 3395.00, or \$ 195.00 individually

Safety Orientation	Personal Protective Equipment
Understanding HAZWOPER	The Emergency Response Plan
Introduction to HAZWOPER Retraining	Medical Surveillance Programs
Understanding Chemical Hazards	Site Safety and Health Plan
Monitoring Procedures and Equipment	HAZMAT Labeling
Exposure Monitoring and Medical Surveillance	Respiratory Protection
Decontamination Procedures	ANSI MSDS
Confined Space Entry	Handling Hazardous Materials Electrical
Safety in HAZMAT Environments	Fire Prevention and Safety
Dealing with the Media in Emergency Situations	
Work Practices and Engineering Controls	
Accidental Release Measures and Spill Cleanup Procedures	
Personal Protection Equipment and Decontamination Procedures	

## **APPENDIX- A**

### **Public Seminar Course Schedule, by Location**

## 2003 COMPLIANCE SOLUTIONS HAZWOPER TRAINING SCHEDULE, JANUARY - JUNE

Date	Pacific	S. California	N. California	Rocky Mtn	Texas	Southern 1	Southern 2	Great Lakes 1	Great Lakes 2	Central	Eastern 1	Eastern 2
January 7-10	Las Vegas	Long Beach	S. San Francisco	Denver	Dallas	Orlando	Raleigh	Chicago	Minneapolis		Philadelphia	Hartford
January 14-17	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Charlotte	Detroit	Madison, WI	New Orleans	Newark	New York City
January 21-24	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa		Chicago		Indianapolis	Philadelphia	Hartford
January 28-31		Pasadena	Merced	Phoenix		Atlanta (N)	Raleigh	Milwaukee	Lansing	Cleveland	Newark	Baltimore
February 4-7	Las Vegas	Long Beach	S. San Francisco	Denver	Dallas	Orlando	Charlotte	Chicago	Minneapolis	Baton Rouge	Philadelphia	Hartford
February 11-14	Seattle	Riverside	Oakland	Ft. Collins	Houston	Atlanta (S)	Miami	Detroit	Madison, WI	New Orleans	Newark	New York City
February 18-21	Portland	Irvine	Stockton	Denver	Ft. Worth	Tampa	Raleigh	Chicago		Indianapolis	Philadelphia	Hartford
February 25-28	Las Vegas	Santa Barbara	San Jose	Phoenix		Atlanta (N)	Charlotte	Milwaukee		Cleveland	Newark	Baltimore
March 4-7		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Columbia, SC	Chicago	Minneapolis		Philadelphia	Hartford
March 11-14	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Raleigh	Detroit	Madison, WI	New Orleans	Newark	New York City
March 18-21	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Charlotte	Chicago		Indianapolis	Philadelphia	Hartford
March 25-28	Las Vegas	Pasadena	Merced	Phoenix		Atlanta (N)	Miami	Milwaukee	Lansing	Cleveland	Newark	Baltimore
April 1-4		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Raleigh	Chicago	Minneapolis	Baton Rouge	Philadelphia	Hartford
April 8-11	Seattle	Riverside	Oakland	Ft. Collins	Houston	Atlanta (S)	Charlotte	Detroit	Madison, WI	New Orleans	Newark	New York City
April 15-18	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Columbia, SC	Chicago		Indianapolis	Philadelphia	Hartford
April 22-25	Las Vegas	Santa Barbara	Stockton	Phoenix		Atlanta (N)	Raleigh	Milwaukee		Cleveland	Newark	Baltimore
Apr 29- May 2		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Charlotte	Chicago	Minneapolis		Philadelphia	Hartford
May 6-9	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Miami	Detroit	Madison, WI	New Orleans	Newark	New York City
May 13-16	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Raleigh	Chicago		Indianapolis	Philadelphia	Hartford
May 20-23	Las Vegas	Pasadena	Merced	Phoenix		Atlanta (N)	Charlotte	Milwaukee	Lansing	Cleveland	Newark	Baltimore
May 27-30		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Columbia, CA	Chicago	Minneapolis	Baton Rouge	Philadelphia	Hartford
June 3-6	Seattle	Riverside	Oakland	Ft. Collins	Houston	Atlanta (S)	Raleigh	Detroit	Madison, WI	New Orleans	Newark	New York City
June 10-13	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Charlotte	Chicago		Indianapolis	Philadelphia	Hartford
June 17-20	Las Vegas	Santa Barbara	Stockton	Phoenix		Atlanta (N)	Miami	Milwaukee		Cleveland	Newark	Baltimore
June 24-27		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Raleigh	Chicago	Minneapolis		Philadelphia	Hartford

**Pricing: 40 Hour All Cities \$545.00\* 24 Hour All Cities \$465\* 8 Hour Refresher All Cities \$125\* Check out our web based training at [www.csregs.com](http://www.csregs.com)!**

8 hour HAZWOPER Refreshers are held concurrently with the last day of the 40 hour course! 40 hour participants receive a qualitative fit-test at no additional charge. 24 Hour and 8 hour students can have a fit-test performed for \$35. Please circle this option on the registration form if you would like one performed. Any person requesting a fit-test must bring their own respirator with organic vapor cartridges. Every student will receive a copy of the 40 Hour HAZWOPER manual on CD-ROM and receive a student workbook. **\* Pay at time of registration and your cost is: 40 Hour=\$495 24 Hour=\$395 8 Hour Refresher=\$115**

@fbcrcare 0075, Schedule 2003 HAZWOPER Jan-June@

**Phone: 800-711-2706**

**Website: [www.csregs.com](http://www.csregs.com)**

**Fax: 800-511-4944**

**YOU CAN NOW TAKE YOUR 8, 24 OR 40 HOUR HAZWOPER ONLINE!**

That's right! You can log on to our site register and take 32 of the required 40 hours online, and then attend one of our classes for the final hands-on exercises to complete your certification process. **CHECK IT OUT NOW!**

Also available on-line are: 8 Hour Annual HAZWOPER Refresher, DOT HM-181, 126F, Hazcom, Bloodborne Pathogens!



## 2003 COMPLIANCE SOLUTIONS HAZWOPER TRAINING SCHEDULE, JULY - DECEMBER

Date	Pacific	S. California	N. California	Rocky Mtn	Texas	Southern 1	Southern 2	Great Lakes 1	Great Lakes 2	Central	Eastern 1	Eastern 2
June 30-July 3	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Charlotte	Detroit	Madison, WI	New Orleans	Newark	New York City
July 8-11	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Columbia, SC	Chicago		Indianapolis	Philadelphia	Hartford
July 15-18	Las Vegas	Pasadena	Merced	Phoenix		Atlanta (N)	Raleigh	Milwaukee	Lansing	Cleveland	Newark	Baltimore
July 22-25		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Charlotte	Chicago	Minneapolis	Baton Rouge	Philadelphia	Hartford
Jul 29- Aug 1	Seattle	Riverside	Oakland	Ft. Collins	Houston	Atlanta (S)	Miami	Detroit	Madison, WI	New Orleans	Newark	New York City
August 5-8	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Raleigh	Chicago		Indianapolis	Philadelphia	Hartford
August 12-15	Las Vegas	Santa Barbara	Stockton	Phoenix		Atlanta (N)	Charlotte	Milwaukee		Cleveland	Newark	Baltimore
August 19-22		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Columbia, SC	Chicago	Minneapolis		Philadelphia	Hartford
August 26-29	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Raleigh	Detroit	Madison, WI	New Orleans	Newark	New York City
September 2-5	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Charlotte	Chicago		Indianapolis	Philadelphia	Hartford
Sept 9-12	Las Vegas	Pasadena	Merced	Phoenix		Atlanta (N)	Miami	Milwaukee	Lansing	Cleveland	Newark	Baltimore
Sept 16-19		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Raleigh	Chicago	Minneapolis	Baton Rouge	Philadelphia	Hartford
Sept 23-26	Seattle	Riverside	Oakland	Ft. Collins	Houston	Atlanta (S)	Charlotte	Detroit	Madison, WI	New Orleans	Newark	New York City
Sept 30-Oct 3	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Columbia, SC	Chicago		Indianapolis	Philadelphia	Hartford
October 7-10	Las Vegas	Santa Barbara	Merced	Phoenix		Atlanta (N)	Raleigh	Milwaukee		Cleveland	Newark	Baltimore
October 14-17		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Charlotte	Chicago	Minneapolis		Philadelphia	Hartford
October 21-24	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Miami	Detroit	Madison, WI	New Orleans	Newark	New York City
October 28-31	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Raleigh	Chicago		Indianapolis	Philadelphia	Hartford
November 4-7	Las Vegas	Pasadena	Stockton	Phoenix		Atlanta (N)	Charlotte	Milwaukee	Lansing	Cleveland	Newark	Baltimore
Nov 11-14		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Columbia, SC	Chicago	Minneapolis	Baton Rouge	Philadelphia	Hartford
Nov 18-21	Seattle	Riverside	Oakland	Ft. Collins	Houston	Atlanta (S)	Raleigh	Detroit	Madison, WI	New Orleans	Newark	New York City
Nov 24 (8 Hr)	Portland	Irvine	San Jose	Denver	Ft. Worth	Tampa	Charlotte	Chicago		Indianapolis	Philadelphia	Hartford
December 2-5	Las Vegas	Santa Barbara	Merced	Phoenix		Atlanta (N)	Miami	Milwaukee		Cleveland	Newark	Baltimore
December 9-12		Long Beach	S. San Francisco	Denver	Dallas	Orlando	Raleigh	Chicago	Minneapolis		Philadelphia	Hartford
December 16-19	Seattle	San Diego	Oakland		Houston	Atlanta (S)	Charlotte	Detroit	Madison, WI	New Orleans	Newark	New York City

**Pricing: 40 Hour All Cities \$545.00 24 Hour All Cities \$465 8 Hour Refresher All Cities \$125 Check out our web based training at [www.csregs.com](http://www.csregs.com)!**

8 hour HAZWOPER Refreshers are held concurrently with the last day of the 40 hour course! 40 hour participants receive a qualitative fit-test at no additional charge. 24 Hour and 8 hour students can have a fit-test performed for \$35. Please circle this option on the registration form if you would like one performed. Any person requesting a fit-test must bring their own respirator with organic vapor cartridges. Every student will receive a copy of the 40 Hour HAZWOPER manual on CD-ROM and receive a student workbook. **\* Pay at time of registration and your cost is: 40 Hour=\$495 24 Hour=\$395 8 Hour Refresher=\$115**

@/ibcreate 0076, Schedule 2003 HAZWOPER July-Dec@@

**Phone: 800-711-2706**

**Website: [www.csregs.com](http://www.csregs.com)**

**Fax: 800-511-4944**

**YOU CAN NOW TAKE YOUR 24 OR 40 HOUR HAZWOPER ONLINE!**

That's right! You can log on to our site register and take 32 of the required 40 hours online, and then attend one of our classes for the final hands-on exercises to complete your certification process. **CHECK IT OUT NOW!**

Also available on-line are: 8 Hour Annual HAZWOPER Refresher, DOT HM-181, 126F, Hazcom, Bloodborne Pathogens!

## 2003 COMPLIANCE HAZWASTE & EMERGENCY RESPONDER TRAINING SCHEDULE

Date	Pacific	S. California	N. California	Rocky Mtn	Texas	Southern 1	Southern 2	Great Lakes 1	Great Lakes 2	Central	Eastern 1	Eastern 2
January 13-17				Denver								
January 20-24						Orlando	Raleigh		Minneapolis			Nyack
January 27-31	Seattle	Long Beach	S. San Fran		Dallas			Chicago		New Orleans	Philadelphia	Hartford
February 3-7	Portland			Phoenix		Atlanta		Milwaukee		Indianapolis	Newark	
February 10-14	Las Vegas						Charlotte			Cleveland		Baltimore
February 17-21			Oakland		Houston			Detroit				
February 24-28		Irvine				Tampa						
March 10-14				Denver								
March 17-21									Minneapolis			
March 24-28			S. San Fran		Dallas	Orlando		Chicago			Philadelphia	
Mar 31-Apr 4	Seattle							Milwaukee			Newark	
April 7-11	Las Vegas	Long Beach					Raleigh			Indianapolis		Baltimore
April 14-18					Houston	Atlanta		Detroit				Nyack
April 21-25	Portland		Oakland							New Orleans		Hartford
Apr 28- May 2										Cleveland		
May 5-9		Irvine		Denver		Tampa	Charlotte					
May 12-16				Phoenix								
May 21-23			S. San Fran		Dallas			Chicago			Philadelphia	
May 26-30	Seattle							Milwaukee			Newark	
June 2-6	Las Vegas					Orlando						Baltimore
June 9-13					Houston	Atlanta		Detroit	Minneapolis			
June 16-20	Portland	Long Beach	Oakland				Raleigh			New Orleans		
June 23-27										Indianapolis		Nyack
July 7-11							Charlotte			Cleveland		
July 14-18		Irvine	S. San Fran	Denver	Dallas	Tampa		Chicago			Philadelphia	Baltimore
July 21-25	Seattle			Phoenix				Milwaukee			Newark	
Jul 28- Aug 1	Las Vegas					Orlando						
August 4-8					Houston	Atlanta		Detroit	Minneapolis			Nyack
August 11-15	Portland		Oakland									Hartford
August 18-22							Raleigh					
August 25-29		Long Beach		Denver						Indianapolis		
Sept 8-12			S. San Fran		Dallas	Tampa	Charlotte	Chicago		New Orleans	Philadelphia	
Sept 15-19	Seattle			Phoenix				Milwaukee		Cleveland	Newark	
Sept 22-26	Las Vegas	Irvine				Orlando						Baltimore
Sept 29-Oct 3					Houston	Atlanta		Detroit	Minneapolis			
October 6-10	Portland		Oakland									
October 13-17												Nyack
October 20-24		Long Beach		Denver			Raleigh			Indianapolis		Hartford
October 27-31										New Orleans		
November 3-7			S. San Fran		Dallas	Tampa		Chicago			Philadelphia	
Nov 10-14	Seattle			Phoenix				Milwaukee		Cleveland	Newark	
Nov 17-21	Las Vegas	Irvine				Orlando						Baltimore
December 1-5	Portland		Oakland		Houston		Charlotte	Detroit	Minneapolis			
December 8-12						Atlanta						Nyack
December 15-				Denver								

Hazardous Materials Management (Mon & Tues)= \$595 / \$545\* Emergency Responder Level I (Wed)= \$215 / \$195\* Emergency Responder Level II (Wed & Thurs) = \$365 / \$295\*  
 Emergency Responder Level III (Wed - Fri)= \$565 / \$495\* 8 Hour Annual Refresher Levels II (Thurs) and III (Fri) = \$215 / \$195\*

@@@fbcrcate 0074, Schedule 2003 EPA & ER full year@@

\* If paid at time of registration with a credit card!



# Compliance Solutions

"Today's Training... Tomorrow's Solution"

10515 E. 40th Avenue, Suite 116, Denver, CO 80239

Ph: (800) 711-2706 Fx: (800) 511-4944 www.csregs.com

\* IF YOU PAY AT THE TIME OF REGISTRATION YOUR COST IS \$195

@@@fcreate 0077. Schedule 2003 Extra Courses@@@

## 2003 TRAINING SCHEDULE FOR DOT, CONFINED SPACE ENTRY & SITE SUPERVISOR COURSES

City Name	DOT HM-181, 126F, 215A&B 49 CFR 172.704 \$215*				Confined Space Entry 29 CFR 1910.146 \$215*				OSHA Site Supervisor 29 CFR 1910.120 \$215*			
Atlanta	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Baltimore	1/27	4/21	7/14	10/6	2/24	5/19	8/11	11/3	3/24	6/16	9/8	12/1
Baton Rouge	2/3	7/21			3/31	9/15			5/26	11/10		
Charlotte	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Chicago	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
Cleveland	1/27	4/21	7/14	10/6	2/24	5/19	8/11	11/3	3/24	6/16	9/8	12/1
Dallas	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10	3/31	6/23	9/15	12/8
Denver	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
Detroit	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Hartford	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
Houston	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Indianapolis	1/20	4/14	7/14	10/27	2/17	5/12	8/4	11/25	3/17	6/9	9/29	
Irvine	1/20	4/14	7/14	10/27	2/17	5/12	8/4	11/25	3/17	6/9	9/29	
Lansing	1/27	7/14			3/24	9/8			5/19	11/3		
Las Vegas	2/3	4/21	7/14	10/6	2/24	5/19	8/11	11/3	3/24	6/16	9/8	12/1
Long Beach	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
Madison	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Miami	2/10	6/16	10/20		3/24	7/28	12/1		5/5	9/8		
Milwaukee	1/27	4/21	7/14	10/6	2/24	5/19	8/11	11/3	3/24	6/16	9/8	12/1
Minneapolis	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10	3/31	6/23	9/15	12/8
New Orleans	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Newark	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Nyack	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Oakland	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Orlando	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10	3/31	6/23	9/15	12/8
Pasadena	1/27	7/14			3/24	9/8			5/19	11/3		
Philadelphia	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
Phoenix	1/27	4/21	7/14	10/6	2/24	5/19	8/11	11/3	3/24	6/16	9/8	12/1
Portland	1/20	4/14	7/14	10/27	2/17	5/12	8/4	11/25	3/17	6/9	9/29	
Raleigh	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
S. San Fran	1/6	3/31	6/23	9/15	2/3	4/28	7/21	10/13	3/3	5/26	8/18	11/10
San Diego	1/13		12/15		3/10	7/21			5/5	10/20		
San Jose	1/20	4/14	7/7	10/27	2/24	5/12	8/4	11/25	3/17	6/9	9/29	
Seattle	1/13	4/7	7/28	10/20	2/10	5/5	8/25	11/17	3/10	6/2	9/22	12/15
Tampa	1/20	4/14	7/14	10/27	2/17	5/12	8/4	11/25	3/17	6/9	9/29	

## **APPENDIX - B**

### **Course Descriptions for Internet/ Web Based Courses**

#### **[8-Hour HAZWOPER Annual Refresher Training-Online, as per 29 CFR 1910.120](#)**

**Single Registration: \$125.00**

**Online Duration: 8 Hours**

**Prerequisites:** OSHA 40 hour or 24 Hour HAZWOPER training

**Course Overview:** Compliance Solutions 8-Hour Online Refresher Course meets OSHA requirements for annual refresher training of personnel engaged in hazardous waste operations as outlined in 29 CFR 1910.120(e), including removal or handling of underground tanks and/or piping, contaminated soil and/or groundwater, subsurface investigations, construction work in which hazardous materials may potentially be present, encountered, prepared, packaged, labeled, marked, stored, shipped for disposal, or any facility wherein hazardous wastes are treated, stored, or disposed. The 8-Hour annual refresher is designed to update those who have already successfully completed 24 or 40-Hour HAZWOPER courses.

**Online quiz upon completion of course.**

#### **[Bloodborne Pathogens Training-Online 29 CFR 1910.1030](#)**

**Single Registration: \$65.00**

**Online Duration: 3-6 Hours**

**Course Overview:** The ever increasing risk of the transmission of bloodborne diseases in today's workplace has facilitated the necessity for training employees such as housekeepers, lab tech, nurses, physicians, maintenance personnel or any other employee who may come in contact with infectious materials, blood or bloodborne diseases.

This training includes information on the prevention, transmission and recording of occupational exposure to bloodborne pathogens. It includes information intended for all employees that are at risk for accidental exposure.

**Online quiz upon completion of course.**

## [Confined Space Entry Training as per 29 CFR 1910.140-Online](#)

**Single Registration:: \$195.00**

**Online Duration:** 4-7 Hours

**Course Overview:** The Confined Space Entry training course will allow the entrant, attendant, or supervisor to safely and confidently understand and evaluate the hazards and procedures associated with confined spaces. This training will help you to differentiate between a Permit-Required confined space and a Non-Permit-Required confined space. The course will address the hazards associated with confined spaces and it will outline the duties and responsibilities of all members of a confined space entry team, emergency rescue procedures, and plan development.

In addition to confined space entry procedures and hazards, this course will discuss the need for appropriate personal protective equipment and the selection characteristics for each level of protection. Because the use of instrumentation for monitoring is also essential to any confined space operation, the instruction will address numerous types of direct-reading instruments, including their mode of operation and limitations of each type.

**Online quiz upon completion of course.**

## [DOT Hazardous Materials Transportation Labeling and Placarding 49 CFR 1712.704 -Online](#)

**Single Registration: \$195.00**

**Online Duration:** 4-7 Hours

**Course Overview:** The purpose of this course is to ensure awareness and promote safety among employees who may be involved in the transport of hazardous materials. The objective is to ensure that employees operate in the safest possible manner in situations where contact with potentially hazardous materials is likely. This Online Course meets DOT requirements for training of personnel engaged in Hazardous Materials Transportation, including hazardous material handling, hazardous waste handling, shipping and manifest documents, proper markings, labels, placards, emergency communication, emergency procedures, and emergency notification.

**Suggested Participants:** This course is intended for individuals who manage hazardous materials in their job. This includes employees who:

- Prepare hazardous materials' shipping papers and/or manifests;
- Prepare hazardous materials for shipping
- Handle hazardous materials before, during, and after shipment
- Handle containers or packaging containing hazardous materials;
- Are responsible for the safety of hazardous materials; and
- Own or operate vehicles that transport hazardous materials.

**Online quiz upon completion of course.**

## [Introduction to OSHA-Online](#)

**Single Registration: \$65.00**

**Online Duration:** 1-3 Hours

**Objective:** At the conclusion of this course, students will:

- Understand OSHA's history, purpose, and regulations
- Incorporate the OSH Act and OSHA mission into everyday work practice
- Learn how the CFR is organized on the Web and in the book
- Understand OSHA programs, inspections, and penalties
- Evaluate employer and employee rights and responsibilities

**Course Overview:** The Introduction to OSHA Course is designed to provide the student with an understanding of the Occupational Safety and Health Administration (OSHA) and how to locate published OSHA information.

**Online quiz upon completion of course.**

## [40-Hour HAZWOPER Initial Online Training as per 29 CFR 1910.120](#)

**Single Registration:: \$495.00**

**Online Duration: 32 Hours online, 8-hours in-person training**

**Course Overview:** The 40-hour HAZWOPER course presented by Compliance Solutions on-line is one of the most comprehensive training courses in the industry. With over 1200 individual units, 11 hours of available streaming video and full audio capabilities, your students will stay entertained, challenged and informed. Unlike other on-line courses, Compliance makes sure you meet your hands-on requirements. The student, upon completing 32 hours on-line, will take 8-hours of instructor lead dress-out exercises, site scenarios and skills demonstrations to insure the student knows their "stuff". These classes are conveniently located in 42 major cities on a regular schedule so you will save time and money by only having your employee gone 1 day!

**Suggested Participants:** Personnel who are involved in the following disciplines are required to have initial and recurrent training: Removal or handling of underground tanks and/or piping, contaminated soil and/or groundwater, subsurface investigations, construction work in which hazardous materials may potentially be present, encountered, prepared, packaged, labeled, marked, stored, shipped for disposal, and for any facility wherein hazardous wastes are treated, stored, or disposed.

**Online quiz upon completion of course.**

[24-Hour Hazardous Waste Operations and Emergency Response Training –Online, per 29 CFR 1910.120](#)

**Single Registration: \$395.00**

**Online Duration: 24 Hours**

**Course Overview: PER OSHA's Hazardous Waste Operations and Emergency Response Standard 29 CFR 1910.120** The purpose of this course is to ensure awareness and promote safety among employees who may be exposed to chemical hazards in the work-site. The objective is to ensure that employees operate in the safest possible manner in situations where contact with potentially hazardous materials is likely.

At the conclusion of this course, students will:

- Understand how hazardous materials are handled, identified, and human responses to exposure
- Learn the importance of the Health and Safety Plan (HSP)
- Incorporate the knowledge of what to do in case of site emergencies
- Use appropriate safety methods and work practice controls
- Recognize signs and labels that are used to alert personnel of danger involving hazardous material

**Online quiz upon completion of course.**

[OSHA Site Supervisor Training Online as per 29 CFR 1910.120\(e\)](#)

**Single Registration: \$195.00**

**Online Duration: 8 Hours**

**Objective:** The overall objective of this course is to provide training and certification to individuals who act in a supervisory role at controlled sites as defined under 29 CFR 1910.120(e).

**Course Overview:** A new understanding of safety is required at all levels of management from the CEO to the line supervisor. Safety performance is included as part of a site supervisor's overall job evaluation. This on-line course is designed for Site Supervisors and others who manage hazardous material site workers. This information will provide supervisors and managers specific information in order to properly supervise workers, remediate investigations, and oversee other site activities. This training meets the requirements outlined in paragraph "e" of 29 CFR 1910.120.

**Online quiz upon completion of module.**

[Hazard Communications \(HAZCOM\) Training -Online as per 29 CFR 1910.1200](#)

**Single Registration: \$65.00**

**Online Duration: 1-3 Hours**

**Course Overview:** Upon successful completion of this course for Hazard Communication training, the student will:

- Learn the use of Material Safety Data Sheets into the routine procedures of working in or around hazardous materials.
- Determine the relevance of appropriate labeling used on containers of hazardous materials.
- Differentiate between various labeling systems used for hazardous materials.
- Apply the use of the MSDS, material's inventory, labeling systems, and the hazardous materials written program into a daily routine in order to have a safer workplace.

**Online quiz upon completion of course.**

[EPA Hazardous Waste Management-Online as per 40 CFR 262.34 and 265.16](#)

**Single Registration: \$595.00**

**Online Duration:** 16-20 hours depending on background and experience

**Objective:** The objective of this course is to increase your understanding of RCRA and your ability to comply with the law and the regulations.

**Course Overview:** The proper management of hazardous waste is critical to present and future environmental quality the land and water resources essential to quality of life, agricultural, and industrial/ commercial activity. The Resource Conservation and Recovery Act of 1976, is the law governing the management of hazardous waste. RCRA establishes national policy that the generation of hazardous waste be reduced, eliminated, treated, stored and disposed of so as to minimize the present and future threat to human health and the environment. RCRA requires a substantial change in industrial practices and in the way people think and behave with respect to the handling of the wastes generated by industrial and commercial activity. Industrial process engineers no longer ignore the costs associated with the handling and disposal of wastes, but redesign processes to produce less hazardous or more easily treated wastes and to reduce the amount of that waste that is generated.

**Online quiz upon completion of course.**



[DOT Drug and Alcohol Use and Testing-Online, as per 49 CFR Part 382 and 40](#)

**Single Registration: \$75.00**

**Online Duration: 3-6 hours**

**Requirements:** Students will be allowed to proceed at their own pace in this interactive, on-line training program. Students must pass a graded final exam with a score of 70% or better.

**Course Overview:** This course is designed to meet the regulations and training requirements under 49 CFR 382 and 40: Controlled Substances and Alcohol Use and Testing. This training is required for any supervisor who sends employees for drug and/or alcohol testing under a DOT certified drug testing program.

Upon completion of this course, students will:

- Understand the need for employee education about alcohol and substance abuse in the workplace.
- Identify the indicators of alcohol and substance abuse in yourself or others.
- Examine the different tests and requirements of DOT regulations for alcohol and controlled substance use.

**Suggested Participants:** At a minimum, The Department of Transportation requires the following employees to have training under 49 CFR 382 and 40:

- Transportation Safety Personnel (all levels from Safety Clerk to Director)
- Transportation Dispatch personnel
- All HR and Safety Personnel whose company is required to meet DOT drug testing standards
- Truck Drivers
- Transportation Training Instructors
- Personnel whose responsibility includes development of drug testing programs
- Attorney's specializing in Transportation

**Online quiz upon completion of course.**

## Accident and Recordkeeping Guidelines - Online

**Single Registration: \$59.95**

**Course Overview:** OSHA revised its rules for Occupational Injury and Illness Recording and Reporting Requirements. The purpose of the revision is to produce more useful injury and illness records, collect better information about the incidence of injuries and illnesses nationally, promote improved employee awareness and involvement in reporting and recording occupational injuries and illness, simplify the recordkeeping system, and permit increased use of computers and technology for recordkeeping..

Upon completing this course, you will be able to:

- Determine whether a work-related injury, or illness is recordable under the OSHA requirements.
- Complete the OSHA Forms correctly.
- Report incidents to OSHA
- Identify changes and revisions from the previous requirements.

Additional topics include: Work Relatedness, Recording Criteria, Injuries and Special Cases, Injury and Illness Log (OSHA 300), Business Establishments.

**Suggested Participants:** Employees who are new to a company or who need a refresher training.

**Online quiz upon completion of course.**

## Ergo Tool, An Ergonomics Personal Assessment - Online

**Single Registration: \$59.95**

**Course Overview:** ErgoTool is a web-based management tool for office ergonomics. Employees fill out a short evaluation survey, which examines the most critical components of the office.

Upon completing this course, you will be able to:

- Determine what are the most prominent ergonomics issues in my facility?
- Establish which computer users have the greatest needs for ergonomic improvements?
- Determine if my ergonomics program improving the work environment over time?
- Also, the ErgoTool assessment will walk the learner through a series of questions to determine the level of ergonomic need at which their work environment.

**Suggested Participants:** Any employee in an office environment.

**Online quiz upon completion of course.**

## Fire and Emergency Response Training: Fire Wardens

**Single Registration: \$59.95**

**Course Overview:** The objective of this course is to train you to effectively deal with any type of emergency.

Upon completing this course, you will be able to:

- Describe the structure of the Emergency Control Organization.
- Explain the role and responsibility of an Area/Floor Warden.
- Undertake correct procedures when responding to emergency signals and reports.
- Undertake correct communication processes during emergency situations.
- Describe and perform appropriate evacuation procedures.
- Explain the processes required for the safeguarding of endangered people.

**Topics also included:** Emergency Control Organization, Building Safety, Communications, Evacuation Procedures, Emergency Situations, Bomb Threats.

**Suggested Participants:** Employees who are training to become Wardens or who are part of the Emergency Response team.

**Online quiz upon completion of course.**

## Introduction to Machine Guarding for General Industry - Online

**Single Registration: \$59.95**

**Course Overview:** This course discusses how to protect yourself against these hazards and what devices and/or equipment are in place to aid in your overall safe operation of machinery.

Upon completing this course, you will be able to:

- Identify mechanical hazards associated with machines
- Locate where safeguards are on equipment, describe how they provide protection, and identify what hazards they protect against
- Explain how and under what circumstances guards can be removed
- Explain what to do if guards are missing, damaged, or inadequate

**Topic included:** Hazardous Actions & Motions, Safeguards, Safeguard By Location, Types of Guards, Safety Devices, Feeding & Ejection, Safeguard for Removal, and Training & PPE.

**Suggested Participants:** Employees who are work with or around machinery or need refresher training.

**Online quiz upon completion of the course.**

## Medical Emergency Response for the Workplace - Online

### **Single Registration: \$59.95**

**Course Overview:** This course provides medical emergency response team (MERT) personnel with detailed information on how to respond to medical emergencies in the workplace.

Upon completing this course, you will be able to:

- Control an accident scene while preventing further injury to rescuer or patient
- Conduct initial and secondary assessment of patients
- Give proper care for common injuries and illnesses

**Topics included are:** Scene Management, The ABC's, Management of Shock, Secondary Survey, Industrial Illnesses, Industrial Injuries, Cardiac Illnesses, and Other Industrial Illnesses.

**Suggested Participants:** Employees who are training to become medical emergency response team members or who need refresher training.

**Online quiz upon completion of course.**

## Accident Investigation-Online

### **Single Registration: \$59.95**

**Course Overview:** Accidents occur every day in workplaces all over the United States. Discovering the causes of accidents can help prevent their recurrence. A systematic and thorough accident investigation is the best means to discover causes of accidents. Supervisors and managers will gain a basic understanding of the many benefits of accident investigation and their relationship to accident prevention. They will also learn the basic causes of accidents and how to conduct an accident investigation.

At the end of this course, the student will be able to identify:

- The goal of accident investigation.
- The differences between a major and minor accident.
- The direct, indirect, and root causes of accidents.
- Basic steps in accident investigation.

**Suggested Participants:** Supervisory and management personnel with safety responsibilities for accident prevention. Also, Lead employees or others who may be required to conduct accident investigations.

**Online quiz upon completion of course.**

## Bloodborne Pathogens for Healthcare Workers-Online

**Single Registration: \$59.95**

**Course Overview:** Bloodborne pathogens (BBP) are disease-causing microorganisms present in human blood, tissues, and organs. Three common BBP's are human immunodeficiency virus (HIV), hepatitis B virus (HBV), and hepatitis C virus (HCV). This course discusses how BBP come in contact with Healthcare workers and techniques to minimize contact. Also discussed are housekeeping issues and clean up related to wastes contaminated with potentially infectious material.

Upon completion of this course, you will be able to:

- Describe bloodborne pathogens and how they are transmitted
- Control your exposure to bloodborne pathogens
- Apply appropriate procedures in the event of an exposure incident

**Suggested Participants:** This course is designed for healthcare workers who handle human blood, tissues, and other potentially infectious materials, or waste that may come in contact with these substances.

**Online quiz upon completion of course.**

## Chemical Safety-Online

**Single Registration: \$59.95**

**Course Overview:** This module provides the employee with an overview of the requirements of OSHA's Hazard Communication Standard (29 CFR §1910.1200) and chemical safety information covered under the OSHA Laboratory Safety Standard (29 CFR §1910.1450). The employee will learn the basic issues that will serve as a foundation for job-specific chemical safety, that should be provided by the worker's supervisor.

Once completed, students will be able to recognize the hazards associated with chemical substances as well as hazard communication techniques and procedures for safe handling and storage of chemicals. Specific elements covered include: chemical hazards, use of Material Safety Data Sheets (MSDS), hazard labels, chemical storage, use and handling, and emergency procedures.

**Suggested Participants:** Employees covered under the OSHA Hazard Communication and Laboratory Safety Standards.

**Online quiz upon completion of course.**

## [Chemical Safety-\(SPANISH\)-\(Seguridad de sustancias químicas\) Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This module provides the employee with an overview of the requirements of OSHA's Hazard Communication Standard (29 CFR §1910.1200) and chemical safety information covered under the OSHA Laboratory Safety Standard (29 CFR §1910.1450). The employee will learn the basic issues that will serve as a foundation for job-specific chemical safety, that should be provided by the worker's supervisor. Once completed, students will be able to recognize the hazards associated with chemical substances as well as hazard communication techniques, procedures for safe handling, and storage of chemicals.

Este módulo provee del empleado una descripción de los requisitos de la información de la seguridad de los productos químicos estándar (29 CFR §1910.1200) y de la comunicación del peligro del OSHA cubierta bajo estándar de seguridad del laboratorio del OSHA (29 CFR §1910.1450). El empleado aprenderá las ediciones básicas que servirán como fundación para la seguridad de los productos químicos trabajo-específica que se debe proporcionar por el supervisor del trabajador.

Specific elements covered include: chemical hazards, use of Material Safety Data Sheets (MSDS) and hazard labels, chemical storage, use and handling, and emergency procedures.

Los elementos específicos cubiertos incluyen: peligros químicos, uso las hojas de datos materiales de seguridad (MSDS) y etiquetas del peligro, del almacenaje químico, del uso y de la dirección, y de procedimientos de emergencia.

**Suggested Participants:** Intended for employees covered under the OSHA Hazard Communication and Laboratory Safety Standards.

**Online quiz upon completion of course.**

## [Chemical Safety-\(AUDIO\)-Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This module provides the employee with an overview of the requirements of OSHA's Hazard Communication Standard (29 CFR §1910.1200) and chemical safety information covered under the OSHA Laboratory Safety Standard (29 CFR §1910.1450). The employee will learn the basic issues that will serve as a foundation for job-specific chemical safety that should be provided by the worker's supervisor. Once completed, students will be able to recognize the hazards associated with chemical substances as well as hazard communication techniques, procedures for safe handling, and storage of chemicals.

Specific elements covered include: chemical hazards, use of Material Safety Data Sheets (MSDS) and hazard labels, chemical storage, use and handling, and emergency procedures.

**Suggested Participants:** Intended for employees covered under the OSHA Hazard Communication and Laboratory Safety Standards.

**Online quiz upon completion of course.**

## [Design for Environment-Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course takes a life-cycle perspective of product based environmental requirements from the selection of materials, manufacturing, distribution, use, and final disposal. This module also provides a self-assessment system to review existing designs and design practices.

The knowledge gained from this course includes:

- Understanding the impact that products have on the environment
- Developing products that have a reduced impact on the environment
- Learning how to integrate design for environment into the product design process

**Suggested Participants:** Product development managers, design engineers, material specifiers, marketing and sales managers or others involved in the building or design of manufactured products.

**Online quiz upon completion of course.**

## [DOT Hazardous Materials Transportation Classification-Online](#)

### **Single Registration: \$59.95**

**Course Overview:** In order to correctly describe the material on a shipping paper, or to select the appropriate container, you must first accurately classify your material. After completing this course, learners will be able to determine whether the materials being shipped are subject to the hazardous materials regulations, use information sources to identify hazardous materials, and properly classify hazardous materials. In this course, you will be able to:

- Determine whether the materials you are shipping are subject to the hazardous materials regulations
- Use information sources to identify hazardous materials
- Properly classify hazardous materials

**Topics to be included are:** The Classification Process, Hazard Classes and Divisions (Class 1 – Explosives, Class 2 - Compressed Gases, Class 3 - Flammable Liquids, Class 4 - Flammable Solids, Class 5 – Oxidizers, Class 6 – Poisons, Class 7 - Radioactive Material, Class 8 – Corrosives, Class 9 - Miscellaneous Hazards, and Classifying Hazardous Material.

**Suggested Participants:** Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function classify new hazardous materials prior to shipment. Also, any employees involved in the Packaging, shipping, loading, classifying of hazardous materials. The supervisors and managers of these operations.

**Online quiz upon completion of course.**

## [DOT Hazardous Materials Transportation: Packaging -Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course is the 2nd out of 5 in our DOT Function Specific Series. This course describes tasks and regulations related to the selection of an appropriate container for the given hazardous material. Supervisors of hazmat employees and safety managers will also benefit from the course. After taking this module, users will know how to interpret UN specification markings on packaging, determine if an appropriate packaging was used and select appropriate packaging for a hazardous materials shipment.

This course will provide you with the ability to:

- Interpret manufacturers' packaging markings
- Use the Hazardous Materials Table (HMT) to find relevant packaging information
- Use an MSDS to identify any additional packaging restrictions
- Apply the above information in selecting appropriate packaging for a given hazardous material.

Additional topics include testing, marking, and selection of packaging.

**Suggested Participants:** Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function package hazardous materials prior to shipment. Also, employees, supervisors, and managers involved in the Packaging, shipping, loading, classifying of hazardous materials.

**Online quiz upon completion of course.**

## [DOT Hazardous Materials Transportation: Marking, Labeling, and Placarding - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This module is the 3rd out of 5 in our DOT Function Specific Series. This course will instruct the student on how to correctly identify the contents of a hazardous material shipment through required marking, labeling and placarding. By taking this module, the user will understand how to properly mark their container, when and how to use labels and placards.

When you complete this course, you will be able to:

- Recognize the DOT labels for the nine hazard classes and their divisions \
- Describe when and how to use labels and placards

Topics will also include; Marking, Labeling, Placarding, and Exceptions

**Suggested Participants:** Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function mark, label, and or placard hazardous materials prior to shipment.

Also, employees involved in the Packaging, shipping, loading, classifying of hazardous materials. The supervisors and managers of these operations.

**Online quiz upon completion of course.**



## [DOT Hazardous Materials Transportation: Shipping Papers -Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course describes the process of preparing shipping papers for hazardous materials in compliance with DOT regulatory requirements. Supervisors of hazmat employees and safety managers will also benefit from the course. After taking this module, users will know how to prepare shipping papers, including the proper shipping description, shipper's certification and emergency response information. This course will provide you with training needed to successfully prepare shipping papers, including the proper shipping description, shipper's certification and emergency response information.

Topics will also include:

- General Requirements
- Proper Shipping Description
- Emergency Response Information
- Shipper's Certification

**Suggested Participants:** Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function fill out the shipping paperwork for hazardous materials prior to shipment. Also, employees, supervisors, and managers involved in the Packaging, shipping, loading, classifying of hazardous materials

**Prerequisite:** DOT Hazardous Materials Transportation: General Awareness, Classification, Packaging, and Marking, Labeling, and Placarding.

**Online quiz upon completion of course.**

## [DOT Hazardous Materials Transportation: General Awareness-Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course provides a general overview of the DOT hazardous materials transportation for all hazmat employees. Through taking this course, employees will be aware of the DOT safety considerations and procedures in the following areas: classification, packaging, marking and labeling, shipping, and loading and unloading.

Upon completion of the course, participants should be able to:

- Recognize DOT hazard classes and packing groups
- Identify packaging that is certified for hazardous materials shipment
- Interpret DOT markings, labels, and placards
- Recognize critical information on shipping papers
- Recognize safe and unsafe loading and unloading procedures
- Additional topics include; Safety, Hazmat Shipment, Hazard Classification, Packaging, Markings and Labels, Shipping Papers, Loading and Unloading.

**Suggested Participants:** Hazardous Materials Employees, and employees involved in the Packaging, shipping, loading, classifying of hazardous materials. The supervisors and managers of these operations.

**Online quiz upon completion of course.**

## [DOT Hazardous Materials Transportation: Loading and Unloading -Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course describes tasks and regulations related to the last step in preparing hazardous materials for shipment-the loading of bulk and non-bulk containers on a vehicle. Supervisors of hazmat employees and safety managers will also benefit from the course. After taking this module, users will know how to use the Load Segregation Table, perform preliminary checks, comply with loading safety rules, properly distribute load weight, and secure the load against movement. When you complete this course, you should understand the major tasks in loading hazardous materials, including:

- Use the Load Segregation Table
- Perform preliminary checks
- Comply with loading safety rules
- Properly distribute load weight
- Secure the load against movement

Topics also include; Load Segregation, Preliminary Checks, Loading Safely, Load Securement, and Final Checks.

**Suggested Participants:** People involved in the last step of preparing hazardous materials for shipment – the loading of bulk and non-bulk packages on a vehicle for transportation by highway.

**Online quiz upon completion of course.**

## [Electrical Safety Awareness - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This class is designed to present an overview of electrical energy and the hazards of systems operating at 50-600 Volts, as well as workplace practices to prevent injuries, fires, and arc flashes. Recognizing and understanding the nature of electrical hazards, and taking proper precautions to prevent related injuries can be a matter of life or death. After taking this course, the student will be able to:

- Recognize and understand the nature of electrical hazards
- Recognize and understand proper precautions to prevent related injuries
- Give a general description of electrical energy and the hazards of systems operating at 50-600 Volts
- Recognize and understand workplace practices to prevent injuries, fires, and arc flashes

Additional topics will include: Qualified Person, Fundamentals of Electricity, Effects of Electricity, Preparing to Work Safely, De-Energized vs. Energized, Recognizing Hazards, and Safe Work Practices.

**Suggested Participants:** Workers that are potentially exposed to electrical energy during daily performance of their jobs. Almost any occupation is potentially at risk, including painters, truck drivers, construction workers, engineers, farm workers, and firefighters.

**Online quiz upon completion of course.**

## [Electrical Safety for Emergency Responders -Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Electrical equipment and power lines may pose significant hazards to emergency responders. Responders must be able to recognize and control electrical hazards to avoid bodily injury before taking other emergency actions. Upon completion of this course, Emergency Response Team members will be able to describe the fundamentals of electricity and its effect on the body, recognize electrical hazards to avoid becoming a victim, make informed decisions regarding the appropriate actions to take during an electrical emergency, and provide medical treatment for persons exposed to electricity. Upon completion of this course, you will be able to:

- Describe the fundamentals of electricity and its effect on the body
- Recognize electrical hazards so you can avoid becoming a victim
- Make informed decisions regarding the appropriate actions to take during an electrical emergency Provide medical treatment for persons exposed to electricity
- Topics will also include: Emergency Scenario, Fundamentals of Electricity, Effects of Electricity on the Body, Fires and Arcing, Incident Command System, Scene Assessment, Response Actions, and Medical Emergencies

**Suggested Participants:** This course is for Emergency Response Team (ERT) members who have already received general emergency response training and are certified in First Aid and CPR.

**Online quiz upon completion of course.**

## [Emergency Response for Terrorism: An Overview](#)

### **Single Registration: \$59.95**

**Course Overview:** The purpose of the course is to provide you with information on terrorism, the types of weapons used and types of harm associated with terrorist attacks, and what to do in an emergency situation if a terrorist attack occurs. After completing this course, you'll be able to:

- Define and discuss terrorism and provide some examples of significant terrorist actions that have occurred.
- Recognize the circumstances and indicators that may signify that an event was terrorist-induced.
- Implement self-protective measures to protect yourself and other emergency responders.
- Define the unique scene security situations associated with terrorist acts.
- Identify the appropriate agencies that need to be notified.
- Define and describe the defensive considerations associated with each type of incident.
- Describe command and control issues associated with crime scene activities.
- Define and describe recovery and termination issues.

Topics included are: What is Terrorism, Types of Weapons and Types of Harm, Incidents and Indicators, Scene Evaluation and Control, Response Priorities, Self-Protection, Notification and Coordination, Post-Incident.

**Suggested Participants:** Industrial Emergency Response Team members, Airline personnel, Security personnel, and Public agency emergency personnel. Secondary readers are Law

enforcement personnel, emergency communication personnel, public works management, public health workers, military / National Guard, and disaster response agencies.

**Online quiz upon completion of course.**

## [Environmental Management Systems - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** An increasingly popular way to protect the environment is through an environmental management system (EMS). An EMS provides a framework to identify environmental resources and responsibilities. This course is designed to provide awareness training to employees, contractors, and suppliers implementing an EMS.

Upon completion of this course you will understand:

- Key elements of an EMS
- Environmental aspects and impacts
- Objectives and targets
- Structures and responsibilities found in an EMS
- Procedures in an EMS

Additional topics include: EMS Background, EMS: Key Elements, Commitment & Policy, Planning an EMS, Implementation, Measurement & Evaluation, Review & Improvement.

**Suggested Participants:** This course is designed to provide awareness training to employees, contractors, and suppliers implementing an EMS.

**Online quiz upon completion of the course.**

## [Ergonomics for Manufacturing - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course is an overview of musculoskeletal disorders, their signs and symptoms, and ergonomic risk factors. You will learn how to apply ergonomic principles in the workplace to reduce injury and increase human performance.

After taking this course, the student will be able to:

- Apply simple principles to improve the ergonomics of the workplace
- Recognize common work-related Musculoskeletal Disorders (MSDs)
- Successfully communicate any health challenges to a health care provider.

Additional topics include: Ergonomics Basics, MSDs of the Back, Arms and Hands Minimizing Risk to Back, Arms and Hands, and Your Ergonomic Role.

**Suggested Participants:** Employees in a manufacturing setting, who are at risk of suffering from ergonomic injuries.

**Online quiz upon completion of the course.**

## [Environmental, Safety, and Health at Work - Contractor - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This module focuses on the important Environmental, Safety, and Health (ESH) information to ensure a safe and secure workplace for contractors working at a host company. This course includes an overview of the ESH policy and philosophy. Contractors taking this course will learn their roles and responsibilities related to ESH within their host facility and the additional training requirements for their job task. They will understand the general safety and security issues at work, the emergency procedures, and the procedures for reporting and investigating incidences. Upon completion of this course, you should be aware of the following as they apply to our facility:

- Your roles and responsibilities related to ESH
- General safety precautions for your work environment
- How to respond in an emergency and properly report an accident
- The types of ESH information you should request from your facility contact
- The types of company-specific ESH information you should request from our facility
- Environmental Safety and Health Policies

Additional topics include: Security Issues, General Safety, Chemical Safety, Personal Protective Equipment, Hazardous Energy, Confined Spaces, Environmental Issues, and Emergencies.

**Suggested Participants:** The content of this program is directed at contractors working for host employers that are subject to federal Occupational Health and Safety Standards for General Industry (29 CFR 1910)

**Online quiz upon completion of the course.**

## [Environmental, Safety, and Health at Work - Manufacturing - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course gives an overview of the environmental, safety, and health topics that may be of concern to the new employee.

This course will cover Environmental, Safety and Health (ESH) topics like General Office Safety, and Ergonomics and how ESH relates to company specific: Policies, Training, Security, Material Handling and Storage, Personal Protective Equipment, Working Alone, and Emergencies.

**Suggested Participants:** New employees in a Manufacturing Setting.

**Online quiz upon completion of the course.**

## [Environmental, Safety, and Health at Work - Office - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course gives an overview of the environmental, safety, and health topics that may be of concern to the new office employee.

Upon completion of this course, you will be able to:

- Explain ESH and how it applies to you
- Describe your company's ESH policy and philosophy, as well as your role and responsibilities related to ESH
- Follow general safety precautions for your work environment
- Know what to do in case of an emergency
- Properly report an accident

Additional topics to include: General Office Safety, and Ergonomics, how ESH relates to company specific: Policies, Training, Security, Working Alone, and Emergency Response.

Suggested Participants: New employees in Office Setting

**Online quiz upon completion of the course.**

## [Fall Protection - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Working safely at elevations can be a matter of life or death. Falls are the 4th leading cause of workplace fatalities in general industry. This course we enable you to identify hazards associated with working at heights or on a roof, and introduce you to the procedures in case of an emergency.

After completing this course, you will be able to:

- Know when and how to use fall protection equipment such as fall restraint and fall arrest systems
- Identify the hazards associated with elevating work equipment
- Identify the hazards associated with working on a roof
- Additional topics are included: Following procedures in case of an emergency, Training, Pre-Job Planning, Fall Restraint and Arrest Systems, Inspecting Fall Protection Equipment, Anatomy of a Fall, Elevated Work , Environmental Hazards, Pre-Job Planning Revisited, and Emergency Situations.

Suggested Participants: Workers that are required to be working above a height of 4 feet need to be aware of fall hazards and fall protection in order to prevent serious injury.

**Online quiz upon completion of the course.**

## [Fire Extinguisher Safety - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course covers when and how to use fire extinguishers. Details include the elements of fire (the "fire triangle") and its stages to better understand fire prevention. Should a fire occur, this course describes the types of fire, which should determines the type of fire extinguisher to select and use. After taking this course, you should have a good idea of how to operate an extinguisher, and your company's policy on what to do before, during and after a fire emergency.

After taking this course, the student will:

- Be familiar with the general principles of fire extinguisher use,
- Understand hazards involved in fighting incipient-stage fires,
- Understand company policy regarding fire extinguishers, and
- List steps of expected role in an emergency.

**Additional topics include:** Causes of a fire, Fire prevention, Types of fire extinguishers, Anatomy of a fire extinguisher, and Safe operation of a fire extinguisher

**Suggested Participants:** Employees selected by employer as a "designated person" to take action in the event of a workplace fire.

**Online quiz upon completion of the course.**

## [Hazardous Energy Control - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course describes the features and implementation of OSHA's Control of Hazardous Energy standard (29 CFR §1910.147). The material is intended for all "affected workers" and provides the essential information for "authorized workers" to safely perform work on both electrical and non-electrical (moving/rotating, hydraulic, pneumatic, chemical, or thermal) energy sources.

Upon completing this course, you will be able to:

Identify the main types of hazardous energy and recognize which ones apply to you.

Describe the purpose of a lockout/tagout program.

Define the responsibilities of the individuals that are affected by a lockout/tagout program.

Apply methods and procedures involved in an effective lockout/tagout program.

**Additional topics include:** Types of hazardous energy, regulatory requirements, definition of lockout/tagout and when it applies, individual responsibilities and procedures.

**Suggested Participants:** Primary audience is affected workers: those who operate or work in the area of equipment on which service or maintenance is being performed under lockout/tagout. Secondary audience is authorized workers: those who perform maintenance and repair activities and need to practice lockout/tagout procedures.

**Online quiz upon completion of the course.**



## [Hearing Conservation: Protecting Yourself from Hearing Loss - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course covers how excessive noise in the workplace effects or even damages hearing, and what measures can be taken to reduce noise, or alternatively, what devices can be worn to protect one's ears against excessive noise. Also discussed is the measurement and monitoring of noise, audiometric testing, and your company's Hearing Conservation Program. By taking this course you will learn:

- what noise is and sources of noise.
- about the harmful effects of noise and how to measure noise levels and hearing damage.
- how to choose and properly wear hearing protection.

Additional topics include: What is Noise, The Effects of Noise, Hearing Conservation Program, Exposure Monitoring, Audiometric Testing, Hearing Protection, Additional Protection

**Suggested Participants:** Audience includes employees exposed to potentially harmful levels of noise on a regular basis.

**Online quiz upon completion of the course.**

## [Incident Command - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** During most emergency situations, the use of a scene management system has been shown to improve coordination between responders, reduce confusion and panic, and diminish negative impact to the organization. Whether the event is a chemical spill, earthquake, tornado, gunman, bomb threat, fire, or other emergency, there are common event management and command tools that will make a difference. In addition, the desire for good public and media relations, threat of liability, genuine concern for employee welfare during an emergency, and some Federal and State laws all require that pre-emergency planning and incident command systems be put in place and followed.

Upon completion of this course, you be able to:

- Identify positions within the ICS
- Describe roles and responsibilities of each ICS position
- Demonstrate how the ICS can be used in different types of emergency scenarios
- Additional topics include: Introduction, Emergency Scenario, The Incident Command System, The ICS Organization, ICS in Action, and Pre-Event Planning.

**Suggested Participants:** Employees who are new to the Incident Command System or those that are looking for a general overview and refresher of the Incident Command System. This course will specifically benefit the following personnel:

- Emergency Response Team members
- Crisis management personnel
- Security personnel
- Company executive officers
- Environmental Safety and Health personnel
- Facilities managers
- General staff

**Online quiz upon completion of the course.**

## [Introduction to Laser Safety - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** With the advent of a wider variety of more powerful lasers integrated into many areas of modern life, the issues involving laser safety are of even greater importance. People working with lasers, or with equipment containing lasers, need to understand the hazards associated with laser light, and know what precautions are in place to control these hazards. After taking this course, laser operators, and those working with equipment containing lasers, will be able to identify the nature and hazards of laser radiation, describe safety issues associated with the use of lasers in industrial and research environments, become familiar with standards and guidelines in order to control laser hazards, and identify and follow exposure controls and emergency procedures.

In this course, you will be able to:

- Identify the nature and hazards of laser radiation
- Describe safety issues associated with the use of lasers in industrial and research environments
- Become familiar with standards and guidelines in order to control laser hazards
- Identify and follow exposure controls and emergency procedures

Additional topics include: Electromagnetic Radiation, Characteristics of Laser Light, Laser Components, Types of Lasers, Laser Hazards, Guidelines and Standards, Classification of Lasers, Exposure Controls, Laser Safety Program.

**Suggested Participants:** This course is intended for employees that work with lasers, or with equipment containing lasers, or work in areas where lasers are used.

**Online quiz upon completion of the course.**

## [Laboratory Safety - Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course, designed for research laboratory personnel, examines workplace safety in laboratory environments, including health hazards, exposures, physical hazards, hazard recognition, exposure controls, and emergency procedures. Since many laboratory personnel use biological materials in addition to chemicals, the course includes optional sections on biological hazards. **The course does not cover radioactive isotopes or equipment.**

- Assist in complying with the training requirements of 29 CFR 1910.1450
- Understand the physical and health hazards of materials commonly used in laboratories
- Understand methods and observations that may be used to detect the presence or release of a hazardous material

Additional topics include: Understand exposure control measures, Introduction, Health Hazards, Exposures, Physical Hazards, Hazard Recognition, Exposure Control, Emergency Procedures, and Summary and Conclusion.

**Suggested Participant:** Research laboratory personnel

**Online quiz upon completion of course**

## [Managing Workplace Safety and Health – Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Supervisors and managers are responsible for the safety of their employees. Besides their legal and moral responsibilities, supervisors also have an obligation to protect their company from expensive workplace accidents. This course will teach supervisors how they can protect their employees and support their company's Environmental, Safety and Health policies.

After completing this course, the learner should be able to:

- Identify responsibilities for safety implementation.
- use job safety analysis for hazard assessments.
- conduct a safety inspection of work areas and observe employee behaviors.
- conduct a basic accident investigation.- identify safety-training needs for worker populations.
- correctly report and record occupational injuries and illnesses.

Additional topics include: Rate Yourself as a Manager, Safety Implementation Responsibilities, ESH Training, Job Safety Analysis, Inspections, Emergency Procedures, Accident Investigation and Reporting, OSHA Inspections, and Communication and Employee Involvement.

Suggested Participants: Primary Participants should be supervisors and managers, with secondary Participants being EHS professionals.

**Online quiz upon completion of course.**

## [Office Ergonomics: Making My Office Work for Me – Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Ergonomics has become an important issue for computer users as companies strive to maximize employee comfort while minimizing work-related injuries. This course teaches you simple, practical methods to make your office work for you, and to help you understand how small changes can optimize the ergonomics of your work environment. After taking this course, you will be able to improve the ergonomics of your work environment, communicate potential ergonomic issues and solutions in your office environment to management, and describe different types of work-related Musculoskeletal Disorders (MSDs) and their signs and symptoms.

Upon completing this course, you will be able to:

- Describe different types of work-related Musculoskeletal Disorders (MSDs) and their signs and symptoms.
- Identify potential ergonomic issues in your office environment and communicate a clear definition to management
- Identify potential ergonomic solutions to control the issues in your office environment and communicate them to management
- Optimize your existing work environment

Additional topics include: Optimize your work habits, Musculoskeletal Disorders (MSDs), Ergonomic issues in office environment, Ergonomic solutions in office environment, and Optimizing work environment and work habits.

Suggested Participant: Anyone who works in an office environment.

**Online Quiz upon completion of course material.**

## Personal Protective Equipment – Online

### **Single Registration: \$59.95**

**Course Overview:** This course identifies the types of PPE available, proper use and maintenance of PPE, as well as manager and employee responsibilities.

After completing this course, you will be able to:

Explain the importance of wearing Personal Protective Equipment (PPE)

Identify PPE Responsibilities: *management* to select PPE appropriately to task and to require its use, *employees* to use selected PPE consistently and correctly

Identify some of the uses and limitations of protection provided by specific types of PPE focusing on common examples of eye/face, head, body, foot, and hand protection

Explain the importance of assuring good fit and how to inspect, clean, and maintain PPE

Additional topics include: Introduction to PPE, PPE Responsibilities, Hand Protection, Body Protection, Eye & Face Protection, Head Protection, Protective Footwear, Other Kinds of PPE

Suggested Participants: Employees who are new to a company or who need a refresher in Personal Protective Equipment training.

**Online quiz upon completion of course work.**

## Powered Industrial Truck Safety – Online

### **Single Registration: \$59.95**

**Course Overview:** As required by 29 CFR 1910.178, operators of Powered Industrial Trucks must complete a specific program of training (including formal instruction, practical training and an evaluation of performance). This course assists in meeting training requirements by providing principles and procedures involved in the safe operation of these vehicles.

At the completion of this course the student should understand the following as they apply to powered industrial trucks:

- safety practices in preparing a truck for use
- principles of stability
- inspection protocol
- safe driving practices

Additional topics include: Types of Industrial Trucks, Regulations, Pre-use Inspections, Fueling and Charging, Safe Driving Practices, and Driving a Load.

**Suggested Participants:** Primary participants should be potential operators of Powered Industrial Trucks, whether first-time users or experienced operators in need of a safety review. Secondary Participants should be: supervisors, company safety personnel, and maintenance personnel.

**Online quiz upon completion of course work.**

## [Preventing Workplace Violence – Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Workplace violence is an important issue that impacts every working environment. Homicide is now the second leading cause of all work-related deaths. Moreover, other forms of violence, such as verbal threats, physical confrontations, and harassing phone calls, are on the rise. This course defines workplace violence, presents indicators for identifying it, and discusses example scenarios for dealing with the issue.

This training program will help reduce the risk of workplace violence by teaching you:

- what workplace violence is
- indicators of the potential for violence
- preventive measures
- techniques for diffusing a violent situation
- what to do following a workplace violence incident

Additional topics include: Defining Workplace Violence, Indicators, Prevention, Examining Workplace Violence, Follow Up Actions, and Workplace Stress.

Suggested Participants: While some professions may be more prone to violence than others, awareness training and basic preventive measures can help reduce risk of violence in every organization. This course discusses customer service, co-worker, and telephone relationships.

**Online quiz upon completion of course.**

## [Radiation Safety: Ionizing and Non-Ionizing Radiation Producing Equipment – Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Describes ionizing and non-ionizing radiation, potential health hazards of radiation-producing industrial equipment, and how to control workplace exposure to radiation through engineering controls and safe handling procedures.

At the end of this course the student should understand:

basic definitions of ionizing and non-ionizing radiation, and sample sources for each.

potential health hazards of radiation-producing industrial equipment

how to control workplace exposure to radiation.

Additional topics include: Radiation Basics , Health Hazards, Exposure Controls, Regulations and Exposure Limits, Survey Requirements.

Suggested Participants: Workers using ionizing or non-ionizing radiation-producing equipment, not including radioisotopes or lasers.

**Online quiz upon completion of course.**

## [Radioisotope Safety for the Laboratory – Online](#)

### **Single Registration: \$59.95**

**Course Overview:** Radiation exposure from use of radioactive materials can cause adverse health effects. Using exposure controls and following safe work practices help minimize radiation exposures and prevent radiation contamination of work areas and equipment. After completing this course, learners will be able to identify safety issues associated with radioisotopes commonly used in the laboratory environment, describe health hazards associated with radiation, identify exposure control methods and monitoring techniques, and follow appropriate emergency procedures.

After completing this course, you will be able to:

- Identify safety issues associated with radioisotopes commonly used in the laboratory environment
- Describe health hazards associated with radiation
- Identify exposure control methods and monitoring techniques
- Follow appropriate emergency procedures

Additional topics include: Radiation Basics, Health Effects, Exposure Controls, Program Elements, Survey Requirements, Radioactive Waste Handling, and Emergency Response.

**Suggested Participants:** Employees that are in a research environment, and/or laboratory environment.

**Online quiz upon completion of course.**

## [Respiratory Protection – Online](#)

### **Single Registration: \$59.95**

**Course Overview:** This course covers types of respirators and when used, including the capabilities and limitations of respirators, medical requirements for using respirators, fit-test and leak-test respirators, care and maintenance of respirators, and typical contents of a written respiratory protection program. After taking this course, you will be aware of

- Types of respirators and when to use them.
- Capabilities and limitations of respirators.
- Medical requirements for using respirators.
- How to fit test and leak test respirators.
- Care and maintenance of respirators.

Additional topics include: Types of Respirators, Exposure Assessment, Respirator Selection, Medical Requirements, Fit Testing, Leak Testing, Respirator Care and Maintenance Emergencies, and a Written Program.

**Suggested Participants:** Primary participants should be respirator users, secondary participants should be Supervisors, ESH personnel

**Online quiz upon completion of course.**

## Safe and Defensive Driving – Online

### **Single Registration: \$59.95**

**Course Overview:** When driving we sometimes take on a different personality, and unfortunately that personality is often a reckless risk taker, or someone overly aggressive. The Safe and Defensive Driving training module discusses tips and techniques for avoiding risks and aggression. The course also identifies numerous factors that appear as innocent actions, but have the potential to cause accidents and injuries. On completion of this course, you should be able to:

- Recognize external factors that inhibit drivers' ability to concentrate
- Apply techniques for focusing attention to the task of driving
- Detect behaviors and situations that may weaken driving ability
- Employ stress-reducing actions to avoid unsafe driving
- Complete a pre-trip checklist to ensure vehicle safety
- Recall procedures for contingency plans, in case of emergency situations

Additional topics include: Defensive Driving, Assessment & Statistics, What Makes a Safe Driver, How Does a Safe Driver Behave, What Does a Safe Driver Do, International Driving, Emergencies.

**Suggested Participants:** Employees who must drive automobiles (cars, vans, pickups) as part of their job. Positions such as field sales personnel, field technicians, or personnel visiting offsite locations including delivery of small parts or equipment, will benefit from this course. Large delivery trucks are beyond the scope of this course.

**Online quiz upon completion of course.**