

"Today's Training... Tomorrow's Solution"

®

GENERAL SERVICES ADMINISTRATION
FEDERAL SUPPLY SERVICE

AUTHORIZED FEDERAL SUPPLY SCHEDULE PRICE LIST

Online access to contract ordering information, terms and conditions, up-to-date pricing and the option to create an electronic delivery order are available through GSA Advantage!TM, a menu-driven database system.

The INTERNET address for GSA Advantage!TM is: <http://www.fss.gsa.gov>.

FSC Schedule: 69- Training Aids and Devices

Instructor Led Training SIN(s): 27-300 and 27-400

Solicitation #: 2FYG-JH-00-0002-B

Contract Number: GS-02F-0119N

For more information on ordering from Federal Supply Schedules click on the FSS Schedules button at <http://www.fss.gsa.gov>.

Contract Period: June 3, 2003 through June 3, 2008

Contractor Information: Compliance Solutions Group, Inc.
10515 E 40th Ave, Suite 116
Denver, Colorado, 80239
Phone: 800-711-2706 or 303-307-9220
Fax: 800-511-4944 or 303-307-0703

Business Size: Small Business

Additional Information for Ordering Activities:

Cross Reference for SIN(s) Instructor Led Training 27-300 and 27-400

Discount Schedules All Classes	Page 3
Online (Web Based) Courses	Page 4
Open Enrollment Courses	Page 28
Private Training Classes (Onsite)	Page 32

All SIN(s) Maximum Order: \$1,000,00.00

Minimum Order Limitation: \$100.00 Courses that have a net cost of less than \$100.00 for an individual registration are exempted from this threshold provided a Government purchase card is used

Geographic Coverage (Delivery Area): Internet (Web-Based) training products are available world wide. Open Enrollment training courses are available in 42 cities in the continental U.S. Private (On-Site) training courses are available world-wide.

Points of Production: Not Applicable



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Discount from list prices: All prices listed in this catalog are Net (discount of 6% already deducted).

Quantity Discounts: Additional discounts ranging from 5% to 45% off net process are available for multiple registrations. See individual product categories for more information.

Prompt Payment Terms: Payment by Government purchase cards is highly desirable. Discounts of between 6% and 18% are offered for agencies that provide advance payment utilizing a Government purchase card. See individual course pricing for a complete listing of prices.

Government Purchase Cards: Government purchase cards will be accepted for all purchases both above and below the micro purchase threshold.

Foreign Items: Not Applicable

Time of Delivery: Internet (Web-Based) courses- Immediate
Public (Open Enrollment) courses- Per current schedule. **See Appendix A**
Private (On-Site) courses- Per agency request

Expedited Delivery: Not Applicable

Overnight and 2nd Day Delivery: Not Applicable

Urgent Requirements: Should any clients have requests are of an urgent nature, please contact our Government Services Division at 800-711-2706 x 1 to make arrangements.

F.O.B. Points: Not Applicable

Ordering Addresses: Compliance Solutions
c/o Government Services Division
10515 E 40th Ave, Suite 116
Denver, CO 80239

Payment Address: Compliance Solutions
c/o Government Services Division
10515 E 40th Ave, Suite 116
Denver, CO 80239

Warranty Provisions: Compliance Solutions has an unconditional money back guarantee. If for any reason, you are not satisfied with the training that is provided to you, and we are unable to rectify the situation by providing additional training, or another means to satisfy you, our customer, we will refund your tuition in full.

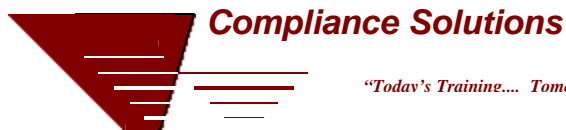
Export Packaging Charges: Not Applicable

Terms and Conditions of Government purchase card acceptance: Per cardholder agreement

Year 2000 (Y2K) Compliant: Compliance Solutions certifies that all its courseware, training and related websites and training platforms are Year 2000 compliant

Data Universal Numbering System (DUNS) number: 93-8862695

Central Contractor Registration Database (CCR): Compliance Solutions maintains a current registration in the CCR. Compliance Solutions registration number is: 1998C180438



COMPLIANCE SOLUTIONS TRAINING PRODUCT CATALOG

All prices listed in this catalog are Net (discount already deducted)

Compliance Solutions offers Occupational, Health and Safety and Environmental Training products in 3 different formats:

INTERNET (Web-Based) TRAINING

Web-based training products that are accessible with an Internet connection and a standard web browser. All courses can be purchased through GSA advantage at <http://www.fss.gsa.gov>. Additionally, demonstration courses are available on our web site at <http://www.csregs.com/>

QUANTITY DISCOUNTS- Additional discounts are available by purchasing licenses in bulk. All licenses are valid for a period of 1 year from the date of purchase.

NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT Deducted from Government Price
5-10 registrations	10 % off total
11-20 registrations	15 % off total
21-50 registrations	25 % off total
51+ registrations	45 % off total

OPEN ENROLLMENT TRAINING

Courses are offered on a regular schedule in 48 cities throughout the US. Enrollment can be as few as 1 employee or as many as 15 per class. See Appendix B for a list of cities, and available course dates. Updated schedules can be accessed on our web site at <http://www.csregs.com/>

QUANTITY DISCOUNTS As an additional discount incentive for our government clients, we apply volume discounts, when you enroll three or more students for the same course, on the same date, at the same location.

NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT Deducted from Government Price
3 or more	5 %
5 or more	10 %
10 or more	15 %

ONSITE (PRIVATE) TRAINING

Agencies may select from any of our regular "Open Enrollment" courses and have the training be conducted at your site, on your time schedule. Semi-customization is available to fit your needs at no additional cost.

QUANTITY DISCOUNTS- additional volume discounts are available off our net pricing for the following number of registrations. To qualify, all students must register for the same class, at the same location.

NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT Deducted from Government Price
5-10 registrations	10 % off total
11-20 registrations	15 % off total
21-50 registrations	25 % off total
51+ registrations	45 % off total

PRICING

INTERNET COURSES – (Web Based Training)

Internet courses are offered under SIN 27-300

Additional Bulk discounts are applied to the NET Government price for multiple registrations based on the following quantities:

INTERNET TRAINING QUANTITY DISCOUNTS			
NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT	Deducted	from
5-10 registrations	10 % off total		Government Price
11-20 registrations	15 % off total		
21-50 registrations	25 % off total		
51+ registrations	45 % off total		

8-Hour HAZWOPER (Hazardous Waste Operations and Emergency Response) Annual Refresher Training Online, as per 29 CFR 1910.120

Government Price Single Registration: \$117.50 Government Purchase Card: \$108.10

Prerequisites: OSHA 40 hour or 24 Hour HAZWOPER training

Course Overview: Compliance Solutions 8-Hour Online Refresher Course meets OSHA requirements for annual refresher training of personnel engaged in hazardous waste operations as outlined in 29 CFR 1910.120(e), including removal or handling of underground tanks and/or piping, contaminated soil and/or groundwater, subsurface investigations, construction work in which hazardous materials may potentially be present, encountered, prepared, packaged, labeled, marked, stored, shipped for disposal, or any facility wherein hazardous wastes are treated, stored, or disposed. The 8-Hour annual refresher is designed to update those who have already successfully completed 24 or 40-Hour HAZWOPER courses.

Duration: 8 Hours Online

Online quiz upon completion of course

Blood-borne Pathogens Training Online, as per 29 CFR 1910.1030

Government Price Single Registration: \$70.50 Government Purchase Card: \$61.10

Course Overview: The ever increasing risk of the transmission of blood-borne diseases in today's workplace has facilitated the necessity for training employees such as housekeepers, lab tech, nurses, physicians, maintenance personnel or any other employee who may come in contact with infectious materials, blood or blood-borne diseases.

This training includes information on the prevention, transmission and recording of occupational exposure to blood-borne pathogens. It includes information intended for all employees that are at risk for accidental exposure.

Duration: 3-6 Hours Online

Online quiz upon completion of course

Confined Space Entry Training Online, as per 29 CFR 1910.140

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

Course Overview: The Confined Space Entry training course will allow the entrant, attendant, or supervisor to safely and confidently understand and evaluate the hazards and procedures associated with confined spaces. This training will help you to differentiate between a Permit-Required confined space and a Non-Permit-Required confined space. The course will address the hazards associated with confined spaces and it will outline the duties and responsibilities of all members of a confined space entry team, emergency rescue procedures, and plan development.

In addition to confined space entry procedures and hazards, this course will discuss the need for appropriate personal protective equipment and the selection characteristics for each level of protection. Because the use of instrumentation for monitoring is also essential to any confined space operation, the instruction will address numerous types of direct-reading instruments, including their mode of operation and limitations of each type.

Duration: 4-7 Hours Online

Online quiz upon completion of course

DOT HAZMAT Transportation Labeling and Placarding Online, as per 49 CFR 1712.704

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

Course Overview: The Department of Transportation (DOT) requires any employee who has duties related to the transportation of Hazardous Materials to have labeling and placarding and security training. The purpose of this course is to ensure awareness and promote safety among employees who may be involved in the transport of hazardous materials. Employees learn to operate in the safest possible manner in situations where contact with potentially hazardous materials is likely. This Online Course meets DOT requirements for training of personnel engaged in Hazardous Materials Transportation, including hazardous material handling, hazardous waste handling, shipping and manifest documents, proper markings, labels, placards, emergency communication, emergency procedures, emergency notification and the new security awareness training requirements enacted in June, 2003.

Suggested Participants: This course is intended for individuals who manage hazardous materials in their job. This includes employees who:

- Prepare hazardous materials' shipping papers and/or manifests;
- Prepare hazardous materials for shipping
- Handle hazardous materials before, during, and after shipment
- Handle containers or packaging containing hazardous materials;
- Are responsible for the safety of hazardous materials; and
- Own or operate vehicles that transport hazardous materials.

Duration: 4-7 Hours Online

Online quiz upon completion of course

Introduction to OSHA Online

Government Price Single Registration: \$70.50 Government Purchase Card: \$61.10

Course Overview: The Introduction to OSHA Course is designed to provide the student with an understanding of the Occupational Safety and Health Administration (OSHA) and how to locate published OSHA information.

Objective: At the conclusion of this course, students will:

- Understand OSHA's history, purpose, and regulations
- Incorporate the OSH Act and OSHA mission into everyday work practice
- Learn how the CFR is organized on the Web and in the book
- Understand OSHA programs, inspections, and penalties
- Evaluate employer and employee rights and responsibilities

Duration: 1-3 Hours Online

Online quiz upon completion of course

40-Hour HAZWOPER (Hazardous Waste Operations and Emergency Response) Initial Training Online, as per 29 CFR 1910.120 Duration: 32 Hours online, 8-hours hands-on training

Government Price Single Registration: \$512.30 Government Purchase Card: \$475.20

Course Overview: With over 1200 individual units, 11 hours of available streaming video and full audio capabilities, your students will stay entertained, challenged and informed. As one of the most comprehensive courses in the industry, Compliance makes sure you meet your hands-on requirements. Upon completing 32 hours on-line, students take 8-hours of instructor lead dress-out exercises, site scenarios and skills demonstrations to insure the student knows their "stuff". These classes are conveniently located in 42 major cities on a regular schedule so you will save time and money by only having your employee gone 1 day!

Suggested Participants: Employees who: Remove or handle underground tanks and/or piping, contaminated soil and/or groundwater, subsurface investigations, construction work in which hazardous materials may potentially be present, encountered, prepared, packaged, labeled, marked, stored, shipped for disposal, and for any facility wherein hazardous wastes are treated, stored, or disposed.

Online quiz upon completion of course

24-Hour HAZWOPER (Hazardous Waste Operations and Emergency Response) Training Online, as per 29 CFR 1910.120

Government Price Single Registration: \$371.30

Government Purchase Card: \$337.10

Course Overview: PER OSHA's Hazardous Waste Operations and Emergency Response Standard 29 CFR 1910.120 The purpose of this course is to ensure awareness and promote safety among employees who may be exposed to chemical hazards in the work-site. The objective is to ensure that employees operate in the safest possible manner in situations where contact with potentially hazardous materials is likely. At the conclusion of this course, students will:

- Understand how hazardous materials are handled, identified, and human responses to exposure
- Learn the importance of the Health and Safety Plan (HSP)
- Incorporate the knowledge of what to do in case of site emergencies
- Use appropriate safety methods and work practice controls
- Recognize signs and labels that are used to alert personnel of danger involving hazardous material

Duration: 24 Hours Online

Online quiz upon completion of course

OSHA Site Supervisor Training Online, as per 29 CFR 1910.120(e)

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

Objective: The overall objective of this course is to provide training and certification to individuals who act in a supervisory role at controlled sites as defined under 29 CFR 1910.120(e).

Course Overview: A new understanding of safety is required at all levels of management from the CEO to the line supervisor. Safety performance is included as part of a site supervisor's overall job evaluation. This on-line course is designed for Site Supervisors and others who manage hazardous material site workers. This information will provide supervisors and managers specific information in order to properly supervise workers, remediate investigations, and oversee other site activities. This training meets the requirements outlined in paragraph "e" of 29 CFR 1910.120.

Duration: 8 Hours

Online quiz upon completion of module

Hazard Communications (HAZCOM) Training Online, as per 29 CFR 1910.1200

Government Price Single Registration: \$70.50 Government Purchase Card: \$56.40

Course Overview: Upon successful completion of this course the student will:

- Learn the use of Material Safety Data Sheets into the routine procedures of working in or around hazardous materials.
- Determine the relevance of appropriate labeling used on containers of hazardous materials.
- Differentiate between various labeling systems used for hazardous materials.
- Apply the use of the MSDS, material's inventory, labeling systems, and the hazardous materials written program into a daily routine in order to have a safer workplace.

Duration: 1-3 Hours

Online quiz upon completion of course

EPA Hazardous Waste Management Online, as per 40 CFR 262.34 and 265.16

Government Price Single Registration: \$559.30 Government Purchase Card: \$531.10

Course Overview: The proper management of hazardous waste is critical to present and future environmental quality the land and water resources essential to quality of life, agricultural, and industrial/ commercial activity. The Resource Conservation and Recovery Act of 1976, is the law governing the management of hazardous waste. RCRA establishes national policy that the generation of hazardous waste be reduced, eliminated, treated, stored and disposed of so as to minimize the present and future threat to human health and the environment. RCRA requires a substantial change in industrial practices and in the way people think and behave with respect to the handling of the wastes generated by industrial and commercial activity. Industrial process engineers no longer ignore the costs associated with the handling and disposal of wastes, but redesign processes to produce less hazardous or more easily treated wastes and to reduce the amount of that waste that is generated.

Objective: The objective of this course is to increase your understanding of RCRA and your ability to comply with the law and the regulations.

Duration: 16-20 hours depending on experience

Online quiz upon completion of course

DOT Drug and Alcohol Use and Testing-Online, as per 49 CFR Part 382 and 40

Government Price Single Registration: \$70.50 Government Purchase Card: \$62.40

Requirements: Students will be allowed to proceed at their own pace in this interactive, on-line training program. Students must pass a graded final exam with a score of 70% or better.

Course Overview: This course is designed to meet the regulations and training requirements under 49 CFR 382 and 40: Controlled Substances and Alcohol Use and Testing. This training is required for any supervisor who sends employees for drug and/or alcohol testing under a DOT certified drug testing program.

Upon completion of this course, students will:

- Understand the need for employee education about alcohol and substance abuse in the workplace.
- Identify the indicators of alcohol and substance abuse in yourself or others.
- Examine the different tests and requirements of DOT regulations for alcohol and controlled substance use.

Suggested Participants: At a minimum, The Department of Transportation requires the following employees to have training under 49 CFR 382 and 40:

- Transportation Safety Personnel (all levels from Safety Clerk to Director)
- Transportation Dispatch personnel
- All HR and Safety Personnel whose company is required to meet DOT drug testing standards
- Truck Drivers
- Transportation Training Instructors
- Personnel whose responsibility includes development of drug testing programs
- Attorney's specializing in Transportation

Duration: 3-6 hours

Online quiz upon completion of course

Accident and Recordkeeping Guidelines - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: OSHA revised its rules for Occupational Injury and Illness Recording and Reporting Requirements. The purpose of the revision is to produce more useful injury and illness records, collect better information about the incidence of injuries and illnesses nationally, promote improved employee awareness and involvement in reporting and recording occupational injuries and illness, simplify the recordkeeping system, and permit increased use of computers and technology for recordkeeping.

Upon completing this course, you will be able to:

- Determine whether a work-related injury, or illness is recordable under the OSHA requirements.
- Complete the OSHA Forms correctly.
- Report incidents to OSHA
- Identify changes and revisions from the previous requirements.

Additional topics include: Work Relatedness, Recording Criteria, Injuries and Special Cases, Injury and Illness Log (OSHA 300), Business Establishments.

Suggested Participants: Employees who are new to a company or who need a refresher training.

Online quiz upon completion of course

Ergo Tool, An Ergonomics Personal Assessment - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: ErgoTool is a web-based management tool for office ergonomics. Employees fill out a short evaluation survey, which examines the most critical components of the office.

Upon completing this course, you will be able to:

- Determine what are the most prominent ergonomics issues in my facility?
- Establish which computer users have the greatest needs for ergonomic improvements?
- Determine if my ergonomics program improving the work environment over time?
- Also, the ErgoTool assessment will walk the learner through a series of questions to determine the level of ergonomic need at which their work environment.

Suggested Participants: Any employee in an office environment.

Online quiz upon completion of course

Fire and Emergency Response Training: Fire Wardens

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: The objective of this course is to train you to effectively deal with any type of emergency.

Upon completing this course, you will be able to:

- Describe the structure of the Emergency Control Organization.
- Explain the role and responsibility of an Area/Floor Warden.
- Undertake correct procedures when responding to emergency signals and reports.
- Undertake correct communication processes during emergency situations.
- Describe and perform appropriate evacuation procedures.
- Explain the processes required for the safeguarding of endangered people.

Topics also included: Emergency Control Organization, Building Safety, Communications, Evacuation Procedures, Emergency Situations, Bomb Threats.

Suggested Participants: Employees who are training to become Wardens or who are part of the Emergency Response team.

Online quiz upon completion of course

Introduction to Machine Guarding for General Industry - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course discusses how to protect yourself against these hazards and what devices and/or equipment are in place to aid in your overall safe operation of machinery.

Upon completing this course, you will be able to:

- Identify mechanical hazards associated with machines
- Locate where safeguards are on equipment, describe how they provide protection, and identify what hazards they protect against
- Explain how and under what circumstances guards can be removed
- Explain what to do if guards are missing, damaged, or inadequate

Topic included: Hazardous Actions & Motions, Safeguards, Safeguard By Location, Types of Guards, Safety Devices, Feeding & Ejection, Safeguard for Removal, and Training & PPE.

Suggested Participants: Employees who are work with or around machinery or need refresher training.

Online quiz upon completion of the course

Medical Emergency Response for the Workplace - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course provides medical emergency response team (MERT) personnel with detailed information on how to respond to medical emergencies in the workplace.

Upon completing this course, you will be able to:

- Control an accident scene while preventing further injury to rescuer or patient
- Conduct initial and secondary assessment of patients
- Give proper care for common injuries and illnesses

Topics included are: Scene Management, The ABC's, Management of Shock, Secondary Survey, Industrial Illnesses, Industrial Injuries, Cardiac Illnesses, and Other Industrial Illnesses.

Suggested Participants: Employees who are training to become medical emergency response team members or who need refresher training.

Online quiz upon completion of course

Accident Investigation-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Accidents occur every day in workplaces all over the United States. Discovering the causes of accidents can help prevent their recurrence. A systematic and thorough accident investigation is the best means to discover causes of accidents. Supervisors and managers will gain a basic understanding of the many benefits of accident investigation and their relationship to accident prevention. They will also learn the basic causes of accidents and how to conduct an accident investigation.

At the end of this course, the student will be able to identify:

- The goal of accident investigation.
- The differences between a major and minor accident.
- The direct, indirect, and root causes of accidents.
- Basic steps in accident investigation.

Suggested Participants: Supervisory and management personnel with safety responsibilities for accident prevention. Also, Lead employees or others who may be required to conduct accident investigations.

Online quiz upon completion of course

Bloodborne Pathogens for Healthcare Workers-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Bloodborne pathogens (BBP) are disease-causing microorganisms present in human blood, tissues, and organs. Three common BBP's are human immunodeficiency virus (HIV), hepatitis B virus (HBV), and hepatitis C virus (HCV). This course discusses how BBP come in contact with Healthcare workers and techniques to minimize contact. Also discussed are housekeeping issues and clean up related to wastes contaminated with potentially infectious material.

Upon completion of this course, you will be able to:

- Describe bloodborne pathogens and how they are transmitted
- Control your exposure to bloodborne pathogens
- Apply appropriate procedures in the event of an exposure incident

Suggested Participants: This course is designed for healthcare workers who handle human blood, tissues, and other potentially infectious materials, or waste that may come in contact with these substances.

Online quiz upon completion of course

Chemical Safety-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This module provides the employee with an overview of the requirements of OSHA's Hazard Communication Standard (29 CFR §1910.1200) and chemical safety information covered under the OSHA Laboratory Safety Standard (29 CFR §1910.1450). The employee will learn the basic issues that will serve as a foundation for job-specific chemical safety, that should be provided by the worker's supervisor.

Once completed, students will be able to recognize the hazards associated with chemical substances as well as hazard communication techniques and procedures for safe handling and storage of chemicals. Specific elements covered include: chemical hazards, use of Material Safety Data Sheets (MSDS), hazard labels, chemical storage, use and handling, and emergency procedures.

Suggested Participants: Employees covered under the OSHA Hazard Communication and Laboratory Safety Standards.

Online quiz upon completion of course

Chemical Safety-(SPANISH)-(Seguridad de sustancias químicas) Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This module provides the employee with an overview of the requirements of OSHA's Hazard Communication Standard (29 CFR §1910.1200) and chemical safety information covered under the OSHA Laboratory Safety Standard (29 CFR §1910.1450). The employee will learn the basic issues that will serve as a foundation for job-specific chemical safety, that should be provided by the worker's supervisor. Once completed, students will be able to recognize the hazards associated with chemical substances as well as hazard communication techniques, procedures for safe handling, and storage of chemicals.

Este módulo provee del empleado una descripción de los requisitos de la información de la seguridad de los productos químicos estándar (29 CFR §1910.1200) y de la comunicación del peligro del OSHA cubierta bajo estándar de seguridad del laboratorio del OSHA (29 CFR §1910.1450). El empleado aprenderá las ediciones básicas que servirán como fundación para la seguridad de los productos químicos trabajo-específica que se debe proporcionar por el supervisor del trabajador.

Specific elements covered include: chemical hazards, use of Material Safety Data Sheets (MSDS) and hazard labels, chemical storage, use and handling, and emergency procedures.

Los elementos específicos cubiertos incluyen: peligros químicos, uso las hojas de datos materiales de seguridad (MSDS) y etiquetas del peligro, del almacenaje químico, del uso y de la dirección, y de procedimientos de emergencia.

Suggested Participants: Intended for employees covered under the OSHA Hazard Communication and Laboratory Safety Standards.

Online quiz upon completion of course

Chemical Safety-(AUDIO)-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This module provides the employee with an overview of the requirements of OSHA's Hazard Communication Standard (29 CFR §1910.1200) and chemical safety information covered under the OSHA Laboratory Safety Standard (29 CFR §1910.1450). The employee will learn the basic issues that will serve as a foundation for job-specific chemical safety that should be provided by the worker's supervisor. Once completed, students will be able to recognize the hazards associated with chemical substances as well as hazard communication techniques, procedures for safe handling, and storage of chemicals.

Specific elements covered include: chemical hazards, use of Material Safety Data Sheets (MSDS) and hazard labels, chemical storage, use and handling, and emergency procedures.

Suggested Participants: Intended for employees covered under the OSHA Hazard Communication and Laboratory Safety Standards.

Online quiz upon completion of course

Design for Environment-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course takes a life-cycle perspective of product based environmental requirements from the selection of materials, manufacturing, distribution, use, and final disposal. This module also provides a self-assessment system to review existing designs and design practices.

The knowledge gained from this course includes:

- Understanding the impact that products have on the environment
- Developing products that have a reduced impact on the environment
- Learning how to integrate design for environment into the product design process

Suggested Participants: Product development managers, design engineers, material specifiers, marketing and sales managers or others involved in the building or design of manufactured products.

Online quiz upon completion of course

DOT Hazardous Materials Transportation Classification-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: In order to correctly describe the material on a shipping paper, or to select the appropriate container, you must first accurately classify your material. After completing this course, learners will be able to determine whether the materials being shipped are subject to the hazardous materials regulations, use information sources to identify hazardous materials, and properly classify hazardous materials. In this course, you will be able to:

- Determine whether the materials you are shipping are subject to the hazardous materials regulations
- Use information sources to identify hazardous materials
- Properly classify hazardous materials

Topics to be included are: The Classification Process, Hazard Classes and Divisions (Class 1 – Explosives, Class 2 - Compressed Gases, Class 3 - Flammable Liquids, Class 4 - Flammable Solids, Class 5 – Oxidizers, Class 6 – Poisons, Class 7 - Radioactive Material, Class 8 – Corrosives, Class 9 - Miscellaneous Hazards, and Classifying Hazardous Material.

Suggested Participants: Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function classify new hazardous materials prior to shipment. Also, any employees involved in the Packaging, shipping, loading, classifying of hazardous materials. The supervisors and managers of these operations. **Online quiz upon completion of course**

DOT Hazardous Materials Transportation: Packaging -Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course is the 2nd out of 5 in our DOT Function Specific Series. This course describes tasks and regulations related to the selection of an appropriate container for the given hazardous material. Supervisors of hazmat employees and safety managers will also benefit from the course. After taking this module, users will know how to interpret UN specification markings on packaging, determine if an appropriate packaging was used and select appropriate packaging for a hazardous materials shipment.

This course will provide you with the ability to:

- Interpret manufacturers' packaging markings
- Use the Hazardous Materials Table (HMT) to find relevant packaging information
- Use an MSDS to identify any additional packaging restrictions
- Apply the above information in selecting appropriate packaging for a given hazardous material.

Additional topics include testing, marking, and selection of packaging.

Suggested Participants: Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function package hazardous materials prior to shipment. Also, employees, supervisors, and managers involved in the Packaging, shipping, loading, classifying of hazardous materials.

Online quiz upon completion of course

DOT Hazardous Materials Transportation: Marking, Labeling, and Placarding -Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This module is the 3rd out of 5 in our DOT Function Specific Series. This course will instruct the student on how to correctly identify the contents of a hazardous material shipment through required marking, labeling and placarding. By taking this module, the user will understand how to properly mark their container, when and how to use labels and placards.

When you complete this course, you will be able to:

- Recognize the DOT labels for the nine hazard classes and their divisions \
- Describe when and how to use labels and placards

Topics will also include; Marking, Labeling, Placarding, and Exceptions

Suggested Participants: Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function mark, label, and or placard hazardous materials prior to shipment.

Also, employees involved in the Packaging, shipping, loading, classifying of hazardous materials as well as supervisors and managers of these operations.

Online quiz upon completion of course

DOT Hazardous Materials Transportation: Shipping Papers -Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course describes the process of preparing shipping papers for hazardous materials in compliance with DOT regulatory requirements. Supervisors of hazmat employees and safety managers will also benefit from the course. After taking this module, users will know how to prepare shipping papers, including the proper shipping description, shipper's certification and emergency response information. This course will provide you with training needed to successfully prepare shipping papers, including the proper shipping description, shipper's certification and emergency response information.

Topics will also include:

- General Requirements
- Proper Shipping Description
- Emergency Response Information
- Shipper's Certification

Suggested Participants: Employees that are familiar with the Department of Transportation's (DOT) nine Hazard Classes and three Packing Groups and as part of their job function fill out the shipping paperwork for hazardous materials prior to shipment. Also, employees, supervisors, and managers involved in the Packaging, shipping, loading, classifying of hazardous materials

Prerequisite: DOT Hazardous Materials Transportation: General Awareness, Classification, Packaging, and Marking, Labeling, and Placarding.

Online quiz upon completion of course

DOT Hazardous Materials Transportation: General Awareness-Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course provides a general overview of the DOT hazardous materials transportation for all hazmat employees. Through taking this course, employees will be aware of the DOT safety considerations and procedures in the following areas: classification, packaging, marking and labeling, shipping, and loading and unloading.

Upon completion of the course, participants should be able to:

- Recognize DOT hazard classes and packing groups
- Identify packaging that is certified for hazardous materials shipment
- Interpret DOT markings, labels, and placards
- Recognize critical information on shipping papers
- Recognize safe and unsafe loading and unloading procedures
- Additional topics include; Safety, Hazmat Shipment, Hazard Classification, Packaging, Markings and Labels, Shipping Papers, Loading and Unloading.

Suggested Participants: Hazardous Materials Employees, and employees involved in the Packaging, shipping, loading, classifying of hazardous materials. The supervisors and managers of these operations.

Online quiz upon completion of course

DOT Hazardous Materials Transportation: Loading and Unloading -Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course describes tasks and regulations related to the last step in preparing hazardous materials for shipment-the loading of bulk and non-bulk containers on a vehicle. Supervisors of hazmat employees and safety managers will also benefit from the course. After taking this module, users will know how to use the Load Segregation Table, perform preliminary checks, comply with loading safety rules, properly distribute load weight, and secure the load against movement. When you complete this course, you should understand the major tasks in loading hazardous materials, including:

- Use the Load Segregation Table
- Perform preliminary checks
- Comply with loading safety rules
- Properly distribute load weight
- Secure the load against movement

Topics also include; Load Segregation, Preliminary Checks, Loading Safely, Load Securement, and Final Checks.

Suggested Participants: People involved in the last step of preparing hazardous materials for shipment – the loading of bulk and non-bulk packages on a vehicle for transportation by highway.

Online quiz upon completion of course

Electrical Safety Awareness - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This class is designed to present an overview of electrical energy and the hazards of systems operating at 50-600 Volts, as well as workplace practices to prevent injuries, fires, and arc flashes. Recognizing and understanding the nature of electrical hazards, and taking proper precautions to prevent related injuries can be a matter of life or death. After taking this course, the student will be able to:

- Recognize and understand the nature of electrical hazards
- Recognize and understand proper precautions to prevent related injuries
- Give a general description of electrical energy and the hazards of systems operating at 50-600 Volts
- Recognize and understand workplace practices to prevent injuries, fires, and arc flashes

Additional topics will include: Qualified Person, Fundamentals of Electricity, Effects of Electricity, Preparing to Work Safely, De-Energized vs. Energized, Recognizing Hazards, and Safe Work Practices.

Suggested Participants: Workers that are potentially exposed to electrical energy during daily performance of their jobs. Almost any occupation is potentially at risk, including painters, truck drivers, construction workers, engineers, farm workers, and firefighters.

Online quiz upon completion of course

Electrical Safety for Emergency Responders -Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Electrical equipment and power lines may pose significant hazards to emergency responders. Responders must be able to recognize and control electrical hazards to avoid bodily injury before taking other emergency actions. Upon completion of this course, Emergency Response Team members will be able to describe the fundamentals of electricity and its effect on the body, recognize electrical hazards to avoid becoming a victim, make informed decisions regarding the appropriate actions to take during an electrical emergency, and provide medical treatment for persons exposed to electricity. Upon completion of this course, you will be able to:

- Describe the fundamentals of electricity and its effect on the body
- Recognize electrical hazards so you can avoid becoming a victim
- Make informed decisions regarding the appropriate actions to take during an electrical emergency Provide medical treatment for persons exposed to electricity
- Topics will also include: Emergency Scenario, Fundamentals of Electricity, Effects of Electricity on the Body, Fires and Arcing, Incident Command System, Scene Assessment, Response Actions, and Medical Emergencies

Suggested Participants: This course is for Emergency Response Team (ERT) members who have already received general emergency response training and are certified in First Aid and CPR.

Online quiz upon completion of course

Emergency Response for Terrorism: An Overview

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: The purpose of the course is to provide you with information on terrorism, the types of weapons used and types of harm associated with terrorist attacks, and what to do in an emergency situation if a terrorist attack occurs. After completing this course, you'll be able to:

- Define and discuss terrorism and provide some examples of significant terrorist actions that have occurred.
- Recognize the circumstances and indicators that may signify that an event was terrorist-induced.
- Implement self-protective measures to protect yourself and other emergency responders.
- Define the unique scene security situations associated with terrorist acts.
- Identify the appropriate agencies that need to be notified.
- Define and describe the defensive considerations associated with each type of incident.
- Describe command and control issues associated with crime scene activities.
- Define and describe recovery and termination issues.

Topics included are: What is Terrorism, Types of Weapons and Types of Harm, Incidents and Indicators, Scene Evaluation and Control, Response Priorities, Self-Protection, Notification and Coordination, Post-Incident.

Suggested Participants: Industrial Emergency Response Team members, Airline personnel, Security personnel, and Public agency emergency personnel. Secondary readers are Law enforcement personnel, emergency communication personnel, public works management, public health workers, military / National Guard, and disaster response agencies.

Online quiz upon completion of course

Environmental Management Systems - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: An increasingly popular way to protect the environment is through an environmental management system (EMS). An EMS provides a framework to identify environmental resources and responsibilities. This course is designed to provide awareness training to employees, contractors, and suppliers implementing an EMS.

Upon completion of this course you will understand:

- Key elements of an EMS
- Environmental aspects and impacts
- Objectives and targets
- Structures and responsibilities found in an EMS
- Procedures in an EMS

Additional topics include: EMS Background, EMS: Key Elements, Commitment & Policy, Planning an EMS, Implementation, Measurement & Evaluation, Review & Improvement.

Suggested Participants: This course is designed to provide awareness training to employees, contractors, and suppliers implementing an EMS.

Online quiz upon completion of the course

Ergonomics for Manufacturing - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course is an overview of musculoskeletal disorders, their signs and symptoms, and ergonomic risk factors. You will learn how to apply ergonomic principles in the workplace to reduce injury and increase human performance.

After taking this course, the student will be able to:

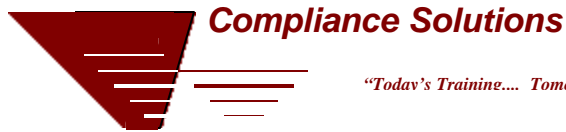
- Apply simple principles to improve the ergonomics of the workplace
- Recognize common work-related Musculoskeletal Disorders (MSDs)
- Successfully communicate any health challenges to a health care provider.

Additional topics include: Ergonomics Basics, MSDs of the Back, Arms and Hands

Minimizing Risk to Back, Arms and Hands, and Your Ergonomic Role.

Suggested Participants: Employees in a manufacturing setting, who are at risk of suffering from ergonomic injuries.

Online quiz upon completion of the course



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Environmental, Safety, and Health at Work - Contractor - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This module focuses on the important Environmental, Safety, and Health (ESH) information to ensure a safe and secure workplace for contractors working at a host company. This course includes an overview of the ESH policy and philosophy. Contractors taking this course will learn their roles and responsibilities related to ESH within their host facility and the additional training requirements for their job task. They will understand the general safety and security issues at work, the emergency procedures, and the procedures for reporting and investigating incidences. Upon completion of this course, you should be aware of the following as they apply to our facility:

- Your roles and responsibilities related to ESH
- General safety precautions for your work environment
- How to respond in an emergency and properly report an accident
- The types of ESH information you should request from your facility contact
- The types of company-specific ESH information you should request from our facility
- Environmental Safety and Health Policies

Additional topics include: Security Issues, General Safety, Chemical Safety, Personal Protective Equipment, Hazardous Energy, Confined Spaces, Environmental Issues, and Emergencies.

Suggested Participants: The content of this program is directed at contractors working for host employers that are subject to federal Occupational Health and Safety Standards for General Industry (29 CFR 1910)

Online quiz upon completion of the course

Environmental, Safety, and Health at Work - Manufacturing - Online

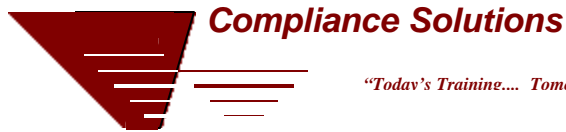
Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course gives an overview of the environmental, safety, and health topics that may be of concern to the new employee.

This course will cover Environmental, Safety and Health (ESH) topics like General Office Safety, and Ergonomics and how ESH relates to company specific: Policies, Training, Security, Material Handling and Storage, Personal Protective Equipment, Working Alone, and Emergencies.

Suggested Participants: New employees in a Manufacturing Setting.

Online quiz upon completion of the course



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Environmental, Safety, and Health at Work - Office - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course gives an overview of the environmental, safety, and health topics that may be of concern to the new office employee.

Upon completion of this course, you will be able to:

- Explain ESH and how it applies to you
- Describe your company's ESH policy and philosophy, as well as your role and responsibilities related to ESH
- Follow general safety precautions for your work environment
- Know what to do in case of an emergency
- Properly report an accident

Additional topics to include: General Office Safety, and Ergonomics, how ESH relates to company specific: Policies, Training, Security, Working Alone, and Emergency Response.

Suggested Participants: New employees in Office Setting

Online quiz upon completion of the course

Fall Protection - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Working safely at elevations can be a matter of life or death. Falls are the 4th leading cause of workplace fatalities in general industry. This course we enable you to identify hazards associated with working at heights or on a roof, and introduce you to the procedures in case of an emergency.

After completing this course, you will be able to:

- Know when and how to use fall protection equipment such as fall restraint and fall arrest systems
- Identify the hazards associated with elevating work equipment
- Identify the hazards associated with working on a roof
- Additional topics are included: Following procedures in case of an emergency, Training, Pre-Job Planning, Fall Restraint and Arrest Systems, Inspecting Fall Protection Equipment, Anatomy of a Fall, Elevated Work, Environmental Hazards, Pre-Job Planning Revisited, and Emergency Situations.

Suggested Participants: Workers that are required to be working above a height of 4 feet need to be aware of fall hazards and fall protection in order to prevent serious injury.

Online quiz upon completion of the course

Fire Extinguisher Safety - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course covers when and how to use fire extinguishers. Details include the elements of fire (the "fire triangle") and its stages to better understand fire prevention. Should a fire occur, this course describes the types of fire, which should determines the type of fire extinguisher to select and use. After taking this course, you should have a good idea of how to operate an extinguisher, and your company's policy on what to do before, during and after a fire emergency.

After taking this course, the student will:

- Be familiar with the general principles of fire extinguisher use,
- Understand hazards involved in fighting incipient-stage fires,
- Understand company policy regarding fire extinguishers, and
- List steps of expected role in an emergency.

Additional topics include: Causes of a fire, Fire prevention, Types of fire extinguishers, Anatomy of a fire extinguisher, and Safe operation of a fire extinguisher

Suggested Participants: Employees selected by employer as a "designated person" to take action in the event of a workplace fire.

Online quiz upon completion of the course

Hazardous Energy Control - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course describes the features and implementation of OSHA's Control of Hazardous Energy standard (29 CFR §1910.147). The material is intended for all "affected workers" and provides the essential information for "authorized workers" to safely perform work on both electrical and non-electrical (moving/rotating, hydraulic, pneumatic, chemical, or thermal) energy sources.

Upon completing this course, you will be able to:

Identify the main types of hazardous energy and recognize which ones apply to you.

Describe the purpose of a lockout/tagout program.

Define the responsibilities of the individuals that are affected by a lockout/tagout program.

Apply methods and procedures involved in an effective lockout/tagout program.

Additional topics include: Types of hazardous energy, regulatory requirements, definition of lockout/tagout and when it applies, individual responsibilities and procedures.

Suggested Participants: Primary audience is affected workers: those who operate or work in the area of equipment on which service or maintenance is being performed under lockout/tagout. Secondary audience is authorized workers: those who perform maintenance and repair activities and need to practice lockout/tagout procedures.

Online quiz upon completion of the course

Hearing Conservation: Protecting Yourself from Hearing Loss - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course covers how excessive noise in the workplace effects or even damages hearing, and what measures can be taken to reduce noise, or alternatively, what devices can be worn to protect one's ears against excessive noise. Also discussed is the measurement and monitoring of noise, audiometric testing, and your company's Hearing Conservation Program. By taking this course you will learn:

- What noise is and sources of noise.
- About the harmful effects of noise and how to measure noise levels and hearing damage.
- How to choose and properly wear hearing protection.

Additional topics include: What is Noise, The Effects of Noise, Hearing Conservation Program, Exposure Monitoring, Audiometric Testing, Hearing Protection, Additional Protection

Suggested Participants: Audience includes employees exposed to potentially harmful levels of noise on a regular basis.

Online quiz upon completion of the course

Incident Command - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: During most emergency situations, the use of a scene management system has been shown to improve coordination between responders, reduce confusion and panic, and diminish negative impact to the organization. Whether the event is a chemical spill, earthquake, tornado, gunman, bomb threat, fire, or other emergency, there are common event management and command tools that will make a difference. In addition, the desire for good public and media relations, threat of liability, genuine concern for employee welfare during an emergency, and some Federal and State laws all require that pre-emergency planning and incident command systems be put in place and followed.

Upon completion of this course, you be able to:

- Identify positions within the ICS
- Describe roles and responsibilities of each ICS position
- Demonstrate how the ICS can be used in different types of emergency scenarios
- Additional topics include: Introduction, Emergency Scenario, The Incident Command System, The ICS Organization, ICS in Action, and Pre-Event Planning.

Suggested Participants: Employees who are new to the Incident Command System or those that are looking for a general overview and refresher of the Incident Command System. This course will specifically benefit the following personnel:

- Emergency Response Team members
- Crisis management personnel
- Security personnel
- Company executive officers
- Environmental Safety and Health personnel
- Facilities managers
- General staff

Online quiz upon completion of the course

Introduction to Laser Safety - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: With the advent of a wider variety of more powerful lasers integrated into many areas of modern life, the issues involving laser safety are of even greater importance. People working with lasers, or with equipment containing lasers, need to understand the hazards associated with laser light, and know what precautions are in place to control these hazards. After taking this course, laser operators, and those working with equipment containing lasers, will be able to identify the nature and hazards of laser radiation, describe safety issues associated with the use of lasers in industrial and research environments, become familiar with standards and guidelines in order to control laser hazards, and identify and follow exposure controls and emergency procedures.

In this course, you will be able to:

- Identify the nature and hazards of laser radiation
- Describe safety issues associated with the use of lasers in industrial and research environments
- Become familiar with standards and guidelines in order to control laser hazards
- Identify and follow exposure controls and emergency procedures

Additional topics include: Electromagnetic Radiation, Characteristics of Laser Light, Laser Components, Types of Lasers, Laser Hazards, Guidelines and Standards, Classification of Lasers, Exposure Controls, Laser Safety Program.

Suggested Participants: This course is intended for employees that work with lasers, or with equipment containing lasers, or work in areas where lasers are used.

Online quiz upon completion of the course

Laboratory Safety - Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course, designed for research laboratory personnel, examines workplace safety in laboratory environments, including health hazards, exposures, physical hazards, hazard recognition, exposure controls, and emergency procedures. Since many laboratory personnel use biological materials in addition to chemicals, the course includes optional sections on biological hazards. **The course does not cover radioactive isotopes or equipment.**

- Assist in complying with the training requirements of 29 CFR 1910.1450
- Understand the physical and health hazards of materials commonly used in laboratories
- Understand methods and observations that may be used to detect the presence or release of a hazardous material

Additional topics include: Understand exposure control measures, Introduction, Health Hazards, Exposures, Physical Hazards, Hazard Recognition, Exposure Control, Emergency Procedures, and Summary and Conclusion.

Suggested Participants: Research laboratory personnel

Online quiz upon completion of course

Managing Workplace Safety and Health – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Supervisors and managers are responsible for the safety of their employees. Besides their legal and moral responsibilities, supervisors also have an obligation to protect their company from expensive workplace accidents. This course will teach supervisors how they can protect their employees and support their company's Environmental, Safety and Health polices.

After completing this course, the learner should be able to:

- Identify responsibilities for safety implementation.
- use job safety analysis for hazard assessments.
- conduct a safety inspection of work areas and observe employee behaviors.
- conduct a basic accident investigation.- identify safety-training needs for worker populations.
- correctly report and record occupational injuries and illnesses.

Additional topics include: Rate Yourself as a Manager, Safety Implementation Responsibilities, ESH Training, Job Safety Analysis, Inspections, Emergency Procedures, Accident Investigation and Reporting, OSHA Inspections, and Communication and Employee Involvement.

Suggested Participants: Primary Participants should be supervisors and managers, with secondary Participants being EHS professionals.

Online quiz upon completion of course

Office Ergonomics: Making My Office Work for Me – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Ergonomics has become an important issue for computer users as companies strive to maximize employee comfort while minimizing work-related injuries. This course teaches you simple, practical methods to make your office work for you, and to help you understand how small changes can optimize the ergonomics of your work environment. After taking this course, you will be able to improve the ergonomics of your work environment, communicate potential ergonomic issues and solutions in your office environment to management, and describe different types of work-related Musculoskeletal Disorders (MSDs) and their signs and symptoms.

Upon completing this course, you will be able to:

- Describe different types of work-related Musculoskeletal Disorders (MSDs) and their signs and symptoms.
- Identify potential ergonomic issues in your office environment and communicate a clear definition to management
- Identify potential ergonomic solutions to control the issues in your office environment and communicate them to management
- Optimize your existing work environment

Additional topics include: Optimize your work habits, Musculoskeletal Disorders (MSDs), Ergonomic issues in office environment, Ergonomic solutions in office environment, and Optimizing work environment and work habits.

Suggested Participant: Anyone who works in an office environment.

Online Quiz upon completion of course material.

Personal Protective Equipment – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course identifies the types of PPE available, proper use and maintenance of PPE, as well as manager and employee responsibilities.

After completing this course, you will be able to:

Explain the importance of wearing Personal Protective Equipment (PPE)

Identify PPE Responsibilities: *management* to select PPE appropriately to task and to require its use, *employees* to use selected PPE consistently and correctly

Identify some of the uses and limitations of protection provided by specific types of PPE focusing on common examples of eye/face, head, body, foot, and hand protection

Explain the importance of assuring good fit and how to inspect, clean, and maintain PPE

Additional topics include: Introduction to PPE, PPE Responsibilities, Hand Protection, Body Protection, Eye & Face Protection, Head Protection, Protective Footwear, Other Kinds of PPE

Suggested Participants: Employees who are new to a company or who need a refresher in Personal Protective Equipment training.

Online quiz upon completion of course work.

Powered Industrial Truck Safety – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: As required by 29 CFR 1910.178, operators of Powered Industrial Trucks must complete a specific program of training (including formal instruction, practical training and an evaluation of performance). This course assists in meeting training requirements by providing principles and procedures involved in the safe operation of these vehicles.

At the completion of this course the student should understand the following as they apply to powered industrial trucks:

- safety practices in preparing a truck for use
- principles of stability
- inspection protocol
- safe driving practices

Additional topics include: Types of Industrial Trucks, Regulations, Pre-use Inspections, Fueling and Charging, Safe Driving Practices, and Driving a Load.

Suggested Participants: Primary participants should be potential operators of Powered Industrial Trucks, whether first-time users or experienced operators in need of a safety review. Secondary Participants should be: supervisors, company safety personnel, and maintenance personnel.

Online quiz upon completion of course work.

Preventing Workplace Violence – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Workplace violence is an important issue that impacts every working environment. Homicide is now the second leading cause of all work-related deaths. Moreover, other forms of violence, such as verbal threats, physical confrontations, and harassing phone calls, are on the rise. This course defines workplace violence, presents indicators for identifying it, and discusses example scenarios for dealing with the issue.

This training program will help reduce the risk of workplace violence by teaching you:

- what workplace violence is
- indicators of the potential for violence
- preventive measures
- techniques for diffusing a violent situation
- what to do following a workplace violence incident

Additional topics include: Defining Workplace Violence, Indicators, Prevention, Examining Workplace Violence, Follow Up Actions, and Workplace Stress.

Suggested Participants: While some professions may be more prone to violence than others, awareness training and basic preventive measures can help reduce risk of violence in every organization. This course discusses customer service, co-worker, and telephone relationships.

Online quiz upon completion of course

Radiation Safety: Ionizing and Non-Ionizing Radiation Producing Equipment – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Describes ionizing and non-ionizing radiation, potential health hazards of radiation-producing industrial equipment, and how to control workplace exposure to radiation through engineering controls and safe handling procedures.

At the end of this course the student should understand:

- basic definitions of ionizing and non-ionizing radiation, and sample sources for each.
- potential health hazards of radiation-producing industrial equipment
- how to control workplace exposure to radiation.

Additional topics include: Radiation Basics , Health Hazards, Exposure Controls, Regulations and Exposure Limits, Survey Requirements.

Suggested Participants: Workers using ionizing or non-ionizing radiation-producing equipment, not including radioisotopes or lasers.

Online quiz upon completion of course

Radioisotope Safety for the Laboratory – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: Radiation exposure from use of radioactive materials can cause adverse health effects. Using exposure controls and following safe work practices help minimize radiation exposures and prevent radiation contamination of work areas and equipment. After completing this course, learners will be able to identify safety issues associated with radioisotopes commonly used in the laboratory environment, describe health hazards associated with radiation, identify exposure control methods and monitoring techniques, and follow appropriate emergency procedures.

After completing this course, you will be able to:

- Identify safety issues associated with radioisotopes commonly used in the laboratory environment
- Describe health hazards associated with radiation
- Identify exposure control methods and monitoring techniques
- Follow appropriate emergency procedures

Additional topics include: Radiation Basics, Health Effects, Exposure Controls, Program Elements, Survey Requirements, Radioactive Waste Handling, and Emergency Response.

Suggested Participants: Employees that are in a research environment, and/or laboratory environment.

Online quiz upon completion of course

Respiratory Protection – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: This course covers types of respirators and when used, including the capabilities and limitations of respirators, medical requirements for using respirators, fit-test and leak-test respirators, care and maintenance of respirators, and typical contents of a written respiratory protection program. After taking this course, you will be aware of

- Types of respirators and when to use them.
- Capabilities and limitations of respirators.
- Medical requirements for using respirators.
- How to fit test and leak test respirators.
- Care and maintenance of respirators.

Additional topics include: Types of Respirators, Exposure Assessment, Respirator Selection, Medical Requirements, Fit Testing, Leak Testing, Respirator Care and Maintenance Emergencies, and a Written Program.

Suggested Participants: Primary participants should be respirator users, secondary participants should be Supervisors, ESH personnel

Online quiz upon completion of course

Safe and Defensive Driving – Online

Government Price Single Registration: \$56.35 Government Purchase Card: \$46.95

Course Overview: When driving we sometimes take on a different personality, and unfortunately that personality is often a reckless risk taker, or someone overly aggressive. The Safe and Defensive Driving training module discusses tips and techniques for avoiding risks and aggression. The course also identifies numerous factors that appear as innocent actions, but have the potential to cause accidents and injuries. On completion of this course, you should be able to:

- Recognize external factors that inhibit drivers' ability to concentrate
- Apply techniques for focusing attention to the task of driving
- Detect behaviors and situations that may weaken driving ability
- Employ stress-reducing actions to avoid unsafe driving
- Complete a pre-trip checklist to ensure vehicle safety
- Recall procedures for contingency plans, in case of emergency situations

Additional topics include: Defensive Driving, Assessment & Statistics, What Makes a Safe Driver, How Does a Safe Driver Behave, What Does a Safe Driver Do, International Driving, Emergencies.

Suggested Participants: Employees who must drive automobiles (cars, vans, pickups) as part of their job. Positions such as field sales personnel, field technicians, or personnel visiting offsite locations including delivery of small parts or equipment, will benefit from this course. Large delivery trucks are beyond the scope of this course.

Online quiz upon completion of course

Additional Bulk discounts are applied to the NET Government price for multiple registrations based on the following quantities:

INTERNET TRAINING QUANTITY DISCOUNTS			
NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT	Deducted	from
5-10 registrations	10 % off total		
11-20 registrations	15 % off total		
21-50 registrations	25 % off total		
51+ registrations	45 % off total		

END ONLINE TRAINING COURSE LISTINGS

SCHEDULED (Open Enrollment) Training

Compliance Solutions schedules **1,140** individual open enrollment "Public" classes throughout the year (over 11 thousand training days) in 42 different cities throughout the U.S.. These classes are scheduled in convenient locations, nationwide, and are open to our federal clients at a special government discount rate. Government participants can register online through GSA ADVANTAGE™ <http://www.fss.gsa.gov>, or you can call (1-800-711-2706) to make a reservation or request a schedule of any of our regularly scheduled classes.

Full course dates and locations can be found in APPENDIX A

Bulk Discounts for Open Enrollment Training Courses

As an additional discount incentive for our government clients, we apply volume discounts, when you enroll three or more students in the same course, same date, and same location.

Open Enrollment courses are offered under SIN 27-400

STANDUP "PUBLIC" (Open Enrollment) TRAINING DISCOUNT SCHEDULE			
Volume Discounts are applied when you enroll three or more students in the same course, same date, and same location.			
NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT	Deducted	from
3 or more	5 %		Government Price
5 or more	10 %		
10 or more	15 %		

Open Enrollment/ Course Descriptions and Pricing:

DOT Hazardous Materials Transportation DOT HM-181 & 126F, 215 A,B&C as per 49 CFR 172.704

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

This one day course covers the requirements of 49 CFR 172.704 which requires any person involved in offering a hazardous material for transportation to be properly trained. The course must be refreshed every 3 years or when regulations substantially change. Employees may not perform materials functions unsupervised until the training has been completed. **This course is intended for individuals who manage hazardous materials in their job. This includes employees who:**

- Prepare hazardous materials' shipping papers and/or manifests;
- Prepare hazardous materials for shipping
- Handle hazardous materials before, during, and after shipment
- Handle containers or packaging containing hazardous materials;
- Are responsible for the safety of hazardous materials; and
- Own or operate vehicles that transport hazardous materials.

Prerequisite: None

Confined Space Entry as per 29 CFR 1910.146

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

Designed in accordance with OSHA's confined space entry standard 29 CFR 1910.146, this course is required for **anyone who enters** a "Permit Required Confined Space". A Permit Required Space meets the definition of a confined space and has the potential to contain a hazardous atmosphere, engulfment danger, internal configuration dangers, or serious health and safety hazard. Course highlights: Lock Out/Tag Out, atmospheric hazards, test instruments, fire behavior risk assessment and much more. **Prerequisite: None**

Site Supervisor, OSHA as per 29 CFR 1910.120

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

OSHA requires that each and every hazardous site have **at least** one person trained as a "Site Supervisor", on site at all times. This course meets the OSHA training requirements for supervisors and managers involved in the management and administration of waste site activities who are required to have an additional 8 hours of training beyond the initial 40 hour certification. This course emphasizes the importance, application and limitations of site safety planning. Attendees will be trained in the development and implementation of a site safety plan. **Prerequisite: 40-Hour Certification**

EPA Hazardous/Toxic Waste Management as per 40 CFR 262.34 & 265.16 (2 Days)

Government Price Single Registration: \$559.30 Government Purchase Card: \$531.10

This intensive 2 day course is designed for individuals who have the responsibility of managing hazardous waste, its treatment, storage or disposal. The class gives a detailed explanation of all aspects of hazardous waste management requirements under 40 CFR 262.34 (generators) and 265.16 (TSDF employees). Management and supervisory personnel will have the opportunity to explore many topics in-depth, relating to management and maintenance of waste systems. **Prerequisite: None**

Emergency Responder Level I-Awareness-(4-6 Hours) as per 29 CFR 1910.120(q)

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

This course teaches detection and identification of hazardous materials and initiating an emergency response sequence to minimize the potential for injury to response personnel and the environment. This training is required of anyone who has the possibility of encountering a hazardous spill. **Prerequisite: None**

Emergency Responder Level II-Operations-(16 Hours Initial Training) as per 29 CFR 1910.120(q)

Government Price Single Registration: \$324.30 Government Purchase Card: \$277.30

Topics covered include hazardous materials detection and identification, safe and defensive handling of minor incidents, personal protection and defensive techniques used in stabilization of a response situation. **Prerequisite: None**

Emergency Responder Level III-Technician-(24 Hours Initial Training) as per 29 CFR 1910.120(q)

Government Price Single Registration: \$559.30 Government Purchase Card: \$531.10

This course covers the topics in levels 1 and 2, but moreover emphasizes safe handling of incidents involving hazardous materials, evacuation plans, aggressive actions at the point of a release and mitigating emergency situations to insure personnel and environmental protection.

Prerequisite: None

8 Hour Annual Refresher for Emergency Response Levels I, II and III as per 29 CFR 1910.120(q)

Government Price Single Registration: \$202.10 Government Purchase Card: \$183.30

This course is the annual refresher course for Emergency Responder Levels II and III. This course will provide a review of Emergency Response material and provides instruction concerning regulatory updates

Prerequisite: ER Level II or III.

Prerequisite: None

40 Hour (HAZWOPER) Hazardous Waste Operators and Emergency Response, (Initial Training for site workers) as per 29 CFR 1910.120(q)

Government Price Single Registration: \$512.30 Government Purchase Card: \$465.30

OSHA requires that **any** worker who comes in contact with or handles hazardous waste must be sufficiently trained to ensure their personal safety. The HAZWOPER provides 40 hours of safety training to meet the classroom requirements of OSHA 29 CFR 1910.120(e). Personnel attending this course will cover health and safety procedures and personal protection during work operations at hazardous materials sites. The HAZWOPER must be refresher every 12 months in order to maintain compliance and certification with OSHA.

Prerequisite: None

24 Hour (HAZWOPER) Hazardous Waste Operations and Emergency Response, (Initial Training for occasional site workers) as per 29 CFR 1910.120(q)

Government Price Single Registration: \$437.10 Government Purchase Card: \$303.15

Not all personnel require the 40-hour HAZWOPER training. For those individuals who's job functions require occasional or limited exposure to hazardous materials, the 24 hour HAZWOPER course will meet OSHA's requirements. Examples of personnel requiring this type of training may include: sales and administrative professionals, drivers, office staff, plant and manufacturing personnel, sampling technicians or anyone who's job function may include the possibility of limited exposure to hazardous materials.

Prerequisite: None

8 Hour (HAZWOPER) Required Annual Refresher for Hazardous Waste Operations and Emergency Response as per 29 CFR 1910.120(e)

Government Price Single Registration: \$117.50 Government Purchase Card: \$108.10

This course refreshes the 40 and 24-hour HAZWOPER certifications. Personnel with **either** certification must complete this course within **365 days of their graduation date, annually**. This course reviews the required subject matter and updates any regulatory changes within the last year.

Prerequisite: 24 or 40-Hour Certification

**FOR CURRENT SCHEDULES, VISIT OUR WEB SITE AT WWW.CSREGS.COM OR
CONTACT US AT 800-711-2706**

Nationwide Locations For Public Seminars (open enrollment)

STATE	CLASS LOCATION
Arizona	Phoenix
California	San Diego, San Francisco (South), San Jose, Irvine, Long Beach, Oakland (Richmond), Pasadena, San Diego
Colorado	Denver (Corporate Headquarters)
Connecticut	Hartford
Florida	Tampa, Orlando, Miami
Georgia	Atlanta (Marietta), Atlanta (College Park)
Illinois	Chicago (Elk Grove Village)
Indiana	Indianapolis
Louisiana	New Orleans, Baton Rouge
Maryland	Baltimore
Michigan	Detroit (Livonia), Lansing
Minnesota	Minneapolis
Nevada	Las Vegas
New Jersey	Newark, NJ (Somerset)
New York	New York City (Nyack)
North Carolina	Raleigh, Charlotte, Columbia,
Ohio	Cleveland, Cincinnati
Oregon	Portland
Pennsylvania	Philadelphia
South Carolina	Columbia
Texas	Dallas, Houston, Ft Worth
Wisconsin	Madison, Milwaukee
Washington	Seattle

ON-SITE TRAINING

All of the courses offered on an open-enrollment (public) basis can also be provided to our Government clients on-site. Compliance Solution provides onsite private training classes that provide government an opportunity to address specific environmental needs. The price provided below is for course instructor fees, manuals, and materials. **Prices are based on a minimum class size of 10 people**, additional students may participate for the additional discount price identified above 10 participants. *The cost below does not include instructor travel and per diem.*

Call 800-711-2706 for a complete cost quote including travel and per-diem

ON-SITE TRAINING PRICING AND DISCOUNT STRUCTURE		
On-Site courses are offered under SIN 27-400		
NUMBER OF REGISTRATIONS (Bulk)	ADDITIONAL DISCOUNT Deducted from Government Price	
5-10 registrations	10 % off total	
11-20 registrations	15 % off total	
21-50 registrations	25 % off total	
51+ registrations	45 % off total	
Onsite Course Title	Base Cost (Minimum 10 students)	Additional Student Cost over the minimum 10)
40 Hour HAZWOPER	\$ 3,963.04	\$ 465.00
24 Hour HAZWOPER	\$ 2,972.28	\$ 365.00
8 Hour Annual HAZWOPER Refresher (one/8hr day)	\$ 990.79	\$ 95.00
Site Supervisor	\$ 990.79	\$ 150.00
Emergency Responder Training Level V (Incident Commander)	\$ 4,953.80	\$ 250.00
Emergency Responder Training Level IV (Specialist)	\$ 3963.04	\$ 200.00
Emergency Responder Training Level III (Technician)	\$ 2,972.28	\$ 150.00
Emergency Responder Training Level II (Operations)	\$ 1,981.52	\$ 100.00
Emergency Responder Training Level I (Awareness)	\$ 990.79	\$ 50.00
Emergency Responder 8 Hour Refresher	\$ 990.79	\$ 50.00
Confined Space Entry (one/8hr day)	\$ 990.79	\$ 150.00
DOT HM-181, 126F and 215A&B (Hazardous Materials Transportation)	\$ 990.79	\$ 150.00
EPA/RCRA Hazardous/Toxic Waste Management	\$ 1,981.52	\$ 300.00
DOT 382. Management of Drug and Alcohol Program for Drivers	\$ 990.79	\$ 150.00